Sexual Transmission of Strongyloides stercoralis among homosexual men

Sir,

The venereal transmission of a variety of enteric pathogens among homosexual men has been well documented and includes viral (hepatitis A), bacterial (shigellosis and typhoid), protozoal (giardiasis and amoebiasis), and helminthic (enterobiasis) infections.1 Reported here is evidence implicating the sexual transmission of a helminthic parasite, Strongyloides stercoralis, among gay men in Los Angeles County.

In May 1981 a 40 year old homosexual man who had had acute onset of diarrhoea, stomach pain, and fatigue was evaluated for intestinal parasite infection. Strongyloides stercoralis, Entamoeba histolytica and four nonpathogenic protozoa were identified in the faeces. The patient gave no recent history of travel to an area endemic for strongyloidiasis, and recent sexual contacts were evaluated for intestinal parasites. Specimens preserved in polyvinyl alcohol (PVA) were examined using the ethyl acetate concentration method and trichrome stained smears. Molluscum concentricum and the helminthic (enterobiasis) larvae of S stercoralis such as the Harada-Mori culture technique were not employed.

Twelve reported contacts were evaluated, and larvae of S stercoralis were identified in stool specimens from two (17%) of these individuals. (In addition, stools from five (42%) contacts contained E histolytica.) No control group was evaluated.

The two contacts who were infected with S stercoralis had no symptoms, and neither gave a history of recent travel to an area endemic for strongyloidiasis. One of the men had, however, visited Colombia three years previously and had emigrated from Brazil in 1964. This same individual, although named as a contact, maintained that he had never had sexual relations with the index case. The two initial contacts with strongyloidiasis named three additional contacts who were evaluated, but no further infections were found.

Strongyloidiasis is most commonly acquired when unprotected skin is penetrated by infective stage larvae that have developed in soil contaminated with faeces. The nematode is one of the few helminthic parasites, however, that may be transmitted directly from person to person. Although larvae most often develop to the infective stage in soil, rapid development to the infective stage may occur within the bowel or on external skin, typically the perianal area which has been contaminated with faeces. This can result in autoinfection or direct transmission to other individuals through penetration of the skin.2 Anal sex (anilingus, anal intercourse and manual-anal stimulation) is as commonly practised by gay men would appear to facilitate person to person transmission of strongyloides and sexual transmission may be more common than is currently recognized. In a survey of enteric parasites among 180 patients attending a sexually transmitted diseases (STD) clinic in New York City, S stercoralis larvae were found in stool specimens from three patients, all of whom practised oroanal sex.

Strongyloidiasis is often benign, although individuals with impaired cell-mediated immunity may develop chronic fatal hyperinfection (disseminated strongyloidiasis).2 The recent reports of Kaposi’s sarcoma and opportunistic infections associated with depressed immune function in homosexual men4 raises some concern that the disseminated form of strongyloidiasis may occur in gay males with immune dysfunction. With its large population of recent immigrants from developing countries, Los Angeles County has a substantial reservoir of parasitic infection (including strongyloidiasis). It also has a large gay population, and there is a definite risk of sexual transmission of the more unusual parasites.

Yours faithfully,
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References

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\[\beta\text{-lactamase producing Neisseria gonorrhoeae in Rome, Italy}\]

Sir,

Although the incidence of infection with penicillinase producing Neisseria gonorrhoeae (PPNG) has been increasing since the late 1970s, only a few cases had been isolated in Italy. A retrospective study of 213 strains of N gonorrhoeae isolated in Rome from January 1980 to April 1981 was carried out to determine their susceptibility to penicillin, tetracycline, and spectinomycin. Isolation and identification of the strains were carried out according to standard methods.1,3

Antimicrobial susceptibility tests were performed by the agar dilution method. The inhibitory concentration 50% (IC\text{50}) was determined on protease No 3 agar (Difco) supplemented with 2% haemoglobin (Difco) and 1% supplement VX (Difco) containing 4·0, 1·0, 0·25, 0·06, and 0·015 IU/ml penicillin (Erba); 3·2, 0·8, and 0·2 μg/ml tetracycline (Lepetit); 32 and 16 μg/ml spectinomycin (Upjohn). The inoculum was prepared by suspending an overnight culture on Tryptone/Phosphate's in 5 ml saline to give a turbidity corresponding to 10³ colony forming units (cfu)/ml. The plates containing the antimicrobial agent were inoculated with 1 μl of this suspension. In each test series the three World Health Organisation international reference strains of N gonorrhoeae III, V, and VII were included as controls. The results are read applying the Kärber sum to determine the IC\text{50}.4

The table shows IC\text{50} values of penicillin and tetracycline for strains of N gonorrhoeae. The strains with IC\text{50} of ≤0·0047 to 0·038 μg/ml penicillin and <0·0 to 0·80 μg/ml tetracycline were considered sensitive, those with IC\text{50} of 0·053 to 1·20 μg/ml penicillin and 1·13 to 3·20 μg/ml tetracycline were considered less sensitive, and strains with IC\text{50} of 1·70 to 2·48 μg/ml penicillin and 4·50 to ≥6·40 tetracycline were considered resistant. All strains with an IC\text{50} ≥1·20 μg/ml penicillin were tested for \(\beta\text{-lactamase production by the chromogenic test with cephalosporin 87/312 (Glaxo).}3 \) In each test series a known \(\beta\text{-lactamase producing and a non-}\)\(\beta\text{-lactamase producing strain were included. Three strains resistant to penicillin were }\beta\text{-lactamase producing; one strain was resistant to penicillin and to tetracycline and one was resistant to tetracycline.\)
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