Matters arising

Labial adhesions after genital herpes infection

Sir, Walzman and Wade1 report a case of labial adhesions after genital herpes infection and note that only three cases have been documented previously. We have recently seen a similar case.

A 19 year old girl was referred by her general practitioner with a 4 day history of vulval soreness and dysuria. Genital examination revealed a severe vulvitis with ulceration and oedema. A presumptive diagnosis of primary genital herpes was made which was later confirmed by tissue culture. Saline bathing was advised and she was commenced on standard doses of oral acyclovir and trimethoprim. She returned the following day complaining of an inability to pass urine and was admitted to the ward. The oral acyclovir was increased to 400 mg qds. There was no clinical evidence of a sacral radiculitis and she passed urine in the bath after using topical lignocaine. She was discharged after 5 days and on review in the outpatient clinic 2 days later, it was noted that although the vulvitis had settled, she had developed a 1 mm × 2 mm labial adhesion. It was suggested that she gently tease the adhesions apart whilst bathing and within 4 days normal anatomy had been restored.

In contrast to the recent report, our patient was commenced on antiviral therapy within 4 days of onset of the lesion and this clearly did not prevent the formation of adhesions. Labial adhesions may develop as a consequence of severe ulceration and/or superadded infection and although rare do occur.

We have seen one other case in the past 6 months but are unsure of the clinical outcome as the patient defaulted from follow up. To prevent this complication we recommend that women with primary genital herpes be encouraged to separate the labial folds during saline bathing. Paraffin gauze (Paratulle) may also be interposed between adjacent vulval ulcers. If adhesions develop, a trial of gradual labial separation by the patient using either plain or lignocaine gel should be considered, prior to a more radical procedure.

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Reference


Labial adhesions after genital herpes infection

Sir, Walzman and Wade report a case of labial adhesions following acute Herpes simplex virus (HSV) vulvitis,1 apparently the third reported case worldwide. In the last 10 years I have treated three such cases, all following acute HSV vulvitis. Lack of saline bathing during the acute phase was noted in all cases. I managed all three women with separation of the adhesions using gentle blunt dissection after topical then infiltrated local anaesthesia early during follow-up. Anatomic and functional results were excellent. More minor adhesions in the region of the posterior vaginal introitus are seen following episiotomy and other perinatal perineal trauma. I have also taken part in the management of a woman with a transverse mid and upper vaginal adhesions associated with mucosal lichen planus of the vagina. Management consisted of initial introduction of the use of dilators followed by blunt dissection of the adhesions under general anaesthesia, followed by continuing use of dilators, with intra-vaginal administration of clotrimazole-hydrocortisone 1%. Recovery of sexual function occurred.

A further recent case was that of a woman who initially presented with an anatomically normal cervix and cervical intra-epithelial neoplasia. The lesion was treated with Smee coagulation but super-infection of the ectocervix was diagnosed at 7 days follow-up and treated with antibiotics. Six months later colposcopy revealed a double os, formed by a 5 mm wide bridge from anterior to posterior lip. The two canals merged 2-5 mm from the apparent surface. In view of recurrent cervical intraepithelial neoplasia and menorrhagia treatment was by hysterectomy. Adhesions in the female genital tract can therefore arise in a number of ways, although HSV infection is probably nowadays a common cause. It seems likely that these genito-urinary medical curiosities are underreported.

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Reference


Genitourin Med 1989;65:401-403

Acute urethritis due to Neisseria meningitidis

Sir, We read with interest the article of Dr Wilson and colleagues (Genitourin Med 1989;65:122-3) which described a case of acute urethritis due to N meningitidis group A acquired by orogenital contact. We saw a similar couple during March this year. A 25 year old heterosexual man presented with a urethral discharge and dysuria of one week duration. He admitted to fellatio with his girlfriend. A gram stained specimen showed polymorphonuclear leucocytes with intra-cellular gram-negative diplococci. Further urethral and throat specimens were cultured on Modified New York City (MNYC) medium. He was told that the probable diagnosis was gonococcal infection and was treated with single oral dose of 250 mg ciprofloxacin. His girlfriend was seen on the same day and specimens were taken from her throat, urethra, endocervix and rectum to culture for neisseria species on MNYC medium. She had an endocervical culture for Chlamydia trachomatis and microscopy and culture of the vaginal specimens. Both of them denied other sexual partners for more than a year.

The results of the microbiologic assays showed a growth of N meningitidis from the man's urethral specimen and the woman's throat specimen. Both isolates were not groupable and not typable and both had identical antibiotic sensitivities. Her specimens failed to grow N gonorrhoeae, C trachomatis, candida species and a wet film examination of her vaginal specimen did not show T vaginalis. N meningitidis was not isolated from her urethral and cervical specimens. Repeat testing one week later confirmed the original findings prior to treatment.

His urethritis resolved with single dose of ciprofloxacin and he remained asymptomatic on two further follow up visits. Even though we did not exclude other pathogens as the cause of his urethritis its complete resolution with a single dose of ciprofloxacin and the absence of other pathogens except N meningitidis in his partner's specimens favour N meningitidis as the aetiological agent for the urethritis.

A peak carriage rate of N meningitidis of over 20% in young adults was found in a large community survey.1 In a study of 1025 female patients attending a Genitourinary Medicine clinic in London 70% of them admitted practising fellatio.2 This further confirms the importance of excluding N meningitidis as a cause of urethritis when gram negative intracellular diplococci are found on microscopy and Neisseria species

1 Walzman M, Wade AAH. Acute urethritis due to Neisseria meningitidis.
are identified following the culture of urethral material from men.

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References
1 Cartwright KAV. Meningococcal meningitis.
2 Evans BA, Bond RA, Macrae KD. Sexual
behaviour in women attending a genitourinary
medicine clinic. Genitourin Med 1988;
64:43-8.

Ayre v Aylesbury cervical smears

Sir,
Our experience with the use of the Ayre and
Aylesbury spatulas for taking cervical smears from women attending a genitourinary
medicine clinic is similar to that of
Dr Goorney and colleagues.1 Cervical
smears obtained with Ayre spatula from 406
women who attended the department of
genitourinary medicine in Newcastle during
the first quarter were compared with those
obtained with Aylesbury spatula from 566
women who attended during the second
quarter of this year. Women who had smears
taken as follow up to previous abnormal
smears were not included in this analysis. If a
woman had more than one smear taken
during the six month study period only the
first smear was included. Both groups were
similar in age with mean ages of 25-1 and 25
years. The incidence of sexually transmitted
diseases diagnosed during the same quarter
as the smear did not differ significantly
between the two groups. Endocervical cells
were found significantly more often with the
Aylesbury spatula than with the Ayre
spatula, especially if the smear was normal
(table). There was no significant difference
between the proportions of epithelial abnor-
malities with or without endocervical cells
diagnosed with the two spatulas. Altogether
82 (20-2%) of smears obtained with the Ayre
spatula and 91 (16-4%) of smears obtained
with Aylesbury spatula had epithelial abnor-
malities (p > 0-1). Unlike Dr Goorney and
colleagues we did not see a significant dif-
fERENCE BETWEEN THE PROPORTIONS OF UNSATISFACTORY SMERAS IN THE TWO GROUPS.

Ayre v Aylesbury cervical smears

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diseases diagnosed during the same quarter

Comparison of 962 women whose smears were taken with Ayre or Aylesbury spatulas (figures refer to numbers (percentages) of women with the given finding)

<table>
<thead>
<tr>
<th></th>
<th>Ayre (n = 406)</th>
<th>Aylesbury (n = 556)</th>
<th>Difference</th>
</tr>
</thead>
<tbody>
<tr>
<td>Normal smear</td>
<td>(mean age = 25-1)</td>
<td>(mean age = 25-0)</td>
<td></td>
</tr>
<tr>
<td>with endocervical cells</td>
<td>311 (76-6)</td>
<td>451 (81-1)</td>
<td>NS</td>
</tr>
<tr>
<td>Non dyskaryotic epithelial abnormality with endocervical cells</td>
<td>130</td>
<td>247</td>
<td>p &lt; 0-001</td>
</tr>
<tr>
<td>Dyskaryotic smear with endocervical cells</td>
<td>65 (16-1)</td>
<td>71 (12-8)</td>
<td>NS</td>
</tr>
<tr>
<td>Unsatisfactory smear</td>
<td>28 (64-1)</td>
<td>34 (60-1)</td>
<td>NS</td>
</tr>
<tr>
<td>Total</td>
<td>406</td>
<td>556</td>
<td></td>
</tr>
</tbody>
</table>

Smeared with endocervical cells 163 (40-1) | 293 (52-7) | p < 0-001 |
Lower genital tract infection/s† | 214 (53-7) | 323 (58-1) | NS |
Lower genital tract infection/s—Group A* | 134 (33) | 205 (36-9) | NS |

*One or more of syphilis, gonorrhoea, chlamydiales infections, genital herpes, condyloma acuminate and trichomoniasis.
†Fisher's exact probability value = 0-124.

Matters arising

adequate? Acta Cytol (Baltimore) 1986;30:
258-60.
Indications of effective cytological sampling

Allergic reactions to rubber condoms

Sir,
Allergic reactions to condoms are frequen-
ty reported in the literature. Antioxidants and other rubber chemicals are poten-
tial allergens and an attempt has been made to make "hypoallergenic" condoms by wash-
ing out rubber additives.1 In a recent paper in Genitourinary Medicine, Rademaker and
Forsty tht rubber latex itself rarely gives rise to allergic problems.2 In contrast to this
view, we have shown that allergy to latex is really common among people using sur-
gical or household rubber gloves and that condoms may also cause symptoms due to
allergy.3 The frequency of latex allergy among glove-using hospital employees is as
high as 3% in Finland and increasing awareness has revealed this allergy in many other
countries.4 The allergen is latex protein derived from the rubber tree and existing in
manufactured products such as gloves, condoms and balloons. The symptoms include
local urticarial reactions but also systemic symptoms such as asthma. Moreover, aller-
gic patients have exhibited anaphylactic reactions during delivery or vaginal examina-
tion from the latex gloves worn by doctors and nurses.5

The manufacturing process is similar for both condoms and surgical latex gloves.
Therefore, condoms also seem to be a poten-
tial source of latex allergy. We recently described seven (six females, one male)
patients allergic to latex who had experi-
ced local symptoms from contact with con-
doms during or immediately after inter-
course.6 An anaphylactic reaction from con-
dom usage was recently reported by Taylor
et al showing also that condom allergy can
be life-threatening.7 We examined 16 different condom brands and found great differ-
ces in their allergenicity.8 Three of the most aller-
genic brands originated from the same

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