Labial adhesions following severe primary genital herpes

Editor,—Labial adhesions following genital herpes infection have been described previously. To prevent their development various suggestions such as the use of early aciclovir, paraffin gauze, and saline bathing have been put forward. We believe nursing care is a significant factor in the prevention of this complication. Here we report two cases of severe genital herpes presenting at different sites, almost at the same time, both necessitating admission and developing labial adhesions.

CASE 1
A 25 year old woman was admitted to the medical ward with severe vulval ulceration, generalised skin rash, and difficulty in micturition of 4 days’ duration. Clinical examination revealed target lesions, swollen labia, bilaterally enlarged tender inguinal lymphadenopathy with extensive vulval ulcerations. A clinical diagnosis of erythema multiforme Stevens-Johnson syndrome with extensive vulval ulcerations was made. The patient was catheterised and commenced on topical lignocaine gel, subcutaneous morphine, intravenous metronidazole, and cefuroxime, and insulin by sliding scale. Two days later she developed perineal and vulval ulcerations and intravenous aciclovir was added. In view of failure of clinical response the genitourinary department was asked to review the case. Examination revealed perineal and perianal ulcers. A diagnosis of primary HSV was made, intra- venous antibiotics were stopped, and oral antivirals were started. The nursing staff were instructed to offer the patient a Sitz bath twice daily in view of extensive discomfort and oedema. Swabs taken confirmed the diagnosis of HSV. The patient made a gradual recovery and she was allowed home after 1 week in hospital. Two weeks later when she presented to the genitourinary medicine clinic, genital examination showed a thick band of adhesions between the middle halves of the labia minora, and new herpetic lesions (fig 1). She was prescribed oral valciclovir, metronidazole, and lignocaine gel and advised to continue salt and water bathing at home. A follow up appointment was arranged for release of adhesions. Surprisingly, separation of adhesions was not needed.

COMMENT
These two cases illustrate that females with severe genital herpes can be admitted to different hospital departments other than genitourinary medicine, where the nursing staff may not be familiar with the management and complications of this infection. Patients should be encouraged to separate the labial folds; this can be facilitated by the liberal use of local anaesthetic agents with the assistance of the nursing staff. Frequent saline bathing of the genitalia should be encouraged to facilitate the removal of the fibrinous exudate, which is responsible for the formation of these adhesions.

GUM nurses and physicians should play an active part in the education and nursing care of such cases and lead the management especially when admitted to other specialties.

Contributors: EH managed case 1, JD managed case 2, while both authors wrote the manuscript.

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Respiratory and cutaneous manifestations of disseminated cryptococcosis in AIDS

Editor,—A 26 year old, previously fit and well Afro-Caribbean man, presented with a 5 week history of a “flu-like” illness. Initially treated with antibiotics, the patient deteriorated, developing a cough, haemoptysis, progressive breathlessness, intermittent blurring of vision, and a rash. Investigations indicated he was HIV positive.

On examination, though orientated, he looked unwell and was febrile. He had an extensive papulonodular rash on his face, trunk, and limbs. Many of these lesions were centrally umbilicated with areas of associated haemorrhage (fig 1). Respiratory examination revealed decreased air entry in the right chest and coarse inspiratory bi-basal crackles. Funduscop examination demonstrated retinal pallor, congested optic discs, and bilateral soft exudates associated with haemorrhages. He had no focal neurological signs.

Full blood count, urea and electrolytes, and clotting screen were normal. Arterial blood gases on 35% oxygen revealed a pH of 7.44, Pao, 9.4 kPa, Paco, 2.7 kPa, base excess ~8.2. Chest radiograph demonstrated bilateral infiltrates with a right sided pleural effusion.

The patient had been treated for a presumed diagnosis of severe community acquired pneumonia and/or Pneumocystis carinii pneumonia plus Molluscum contagiosum of the skin. In view of the patient’s clinical findings, additional therapy was commenced with anticytomegalovirus (CMV) and anticytomegaloviral agents.

Urgent blood and pleural fluid cryptococcal reactive antigen testing (CRAG) were strongly positive at a titre of >1:2048. Blood CMV PCR was negative. The patient could not tolerate a lumbar puncture. Despite initial improvement, he developed progressive respiratory failure and died. The post mortem revealed disseminated cryptococcal disease with involvement of brain, skin, lung, heart, liver, spleen, kidneys, pancreas, thyroid, bowel, adrenal glands, and testes.

Figure 1 (Case 2). Thick band of adhesions between the middle halves of labia minora.
Disseminated cryptococcal infection has a >80% mortality when associated with respiratory failure. 1 Cutaneous lesions occur in 5–10% of cases. 2 These include subcutaneous nodules, ulcers, and cellulitis. These may mimic pyoderma gangrenosum, Kaposi's sarcoma, and Molluscum contagiosum. Clinically, cryptococcal disease may be distinguished from Molluscum contagiosum. While Pneumocystis carinii remains the commonest cause of severe nonrespiratory disease in HIV infected individuals not on chemoprophylaxis, pleural effusions are rare in this condition. CMV would be unlikely to produce such acute systemic illness by itself. Hence, cryptococcal disease was a reasonable working diagnosis that required urgent treatment. 1 A recent report has highlighted diagnostic delay as a major factor contributing to its high associated mortality. 2 The CRAO test provides a rapid method of confirming the diagnosis of cryptococcosis. 3 It will be positive in blood in infected individuals in up to 95% of cases. The result can then be verified on culture of suitable body fluids. We recommend early consideration of disseminated cryptococcosis in HIV positive patients with respiratory features suggestive of pneumonia or pleural effusion and atypical skin lesions. The use of rapid diagnostic tests may help to improve the poor outcome in this patient population.

CASE REPORT
A 19 year old man presented with 2 day history of extensive painful pustular eruptions of the hands, forearms, and chest. He also felt unwell and had fever. Fingers were stiff and could not be fully extended. He was seen in the local accident and emergency department and prescribed flucloxacinil. On direct questioning he admitted that his illness started with painful penile ulcers followed 2 days later by more localised crops of blisters, which then became infected. Ten days before this he had unprotected sexual intercourse with a casual female friend in Ibiza. He had extensive atopic eczema during childhood, which is well controlled now but has been getting hay fever for the past few years. Examination revealed symmetrical pustular eruptions on the hands, wrists, forearms, lower legs and chest, and a few vesicular eruptions on the hands typical of herpes. He also had multiple superficial penile ulcers. Axillary and inguinal lymph nodes were enlarged. There was also evidence of generalised eczema. Herpes simplex was isolated from the penile ulcers. Screening for other STIs and HIV was negative. He was treated with aciclovir 200 mg five times a day for 5 days with very good response. Two months later he presented to us with a similar episode that required treatment with aciclovir. Since then he has been seen on two occasions with recurrence in the past year, but the attacks were more localised to his hands and external genitalia (fig 1).

Eczema herpeticum is classically a disseminated herpes simplex infection of the skin occurring in patients with pre-existing active dermatitis. The condition may arise from minor transient disease to a fulminating fatal disorder involving the visceral organs. 3, 4 The severity appears to be unrelated to the extent of eczematous lesions. Active dermatitis is not necessary for the development of recurrent eczema herpeticum.

Atopic dermatitis typically begins in early infancy, and individuals with this disease frequently develop other atopic manifestations later in life such as hay fever, allergic rhinitis, and bronchial asthma. 5 Eczema herpeticum has also been associated with seborrhoeic dermatitis, neurodermatitis, Darier's disease, pemphigus, mycosis fungoides, Wiskott–Aldrich disease, congenital ichthyosiform erythroderma, 6 and second degree burns. 7

The presentation in our patient is fairly typical, lesions appearing in crops initially as tiny vesicles passing through pustular and crusted phases associated with systemic symptoms. This condition is often misdiagnosed because the lesions are usually scratched and blistering is lost leaving raw punched out areas often with secondary infection. Diagnosis is based on patient history of atopic disease, presence of vesicular lesion, the striking tendency for the lesions to return to the same areas of the skin, and a positive result of viral culture for herpes simplex.

Eczema herpeticum is now being seen with increasing frequency in adults 1, 2 and herpes simplex infection should be considered in the differential diagnosis of vesicular skin lesions occurring in atopic patients.

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Recurrent eczema herpeticum: an underrecognised condition

EDITOR,—We present a case of eczema herpeticum to highlight that herpes simplex can cause generalised infection in atopic individuals and should be considered in the differential diagnosis.

Figure 1 Herpetic lesions of the hands and penis.
Emergence of high level ciprofloxacin-resistant Neisseria gonorrhoeae strain in Buenos Aires, Argentina

EDITOR,—The surveillance programme of Neisseria gonorrhoeae (NG) antimicrobial susceptibility patterns was implemented in 1980 in the National Reference Centre for STI (NRC).

Twenty-nine peripheral STI laboratories belonging to the National Network of Argentina, distributed throughout the country, routinely sent isolates to the NRC for typing, susceptibility testing, and plasmid characterisation.

The NRC was incorporated into the WHO Gonococcal Antimicrobial Susceptibility Profiling Programme (WGAPP) in 1993 and since then the methodology has been standardised.

From January 1993 to June 2000, the NRC determined the MICs of 1194 NG strains by the agar dilution method with the media, conditions, and controls as recommended by the NCCLS.1 Ciprofloxacin range, MIC90, and MIC50 were 0.002–16, 0.004, and 0.016 µg/ml, respectively.

Only one NG strain, detected in 1996, showed a decrease susceptibility to ciprofloxacin. The isolate was submitted by a public hospital from Buenos Aires city. The strain was β-lactamase negative by nitrocefin disc and the MICs were penicillin 0.5 µg/ml, tetracycline 4 µg/ml, ciprofloxacin 0.125 µg/ml, spectinomycin 32 µg/ml, ceftriaxone 0.004 µg/ml, and azithromycin 0.25 µg/ml. The auxotype/serogroup class 1 was proline requiring/WII-III.

In May 2000 the first NG strain with high level quinolone resistance (QRNG) was isolated. This strain was isolated in a private medical centre in Buenos Aires city and was submitted to the NRC; no inhibition zone was observed with a 5 µg ciprofloxacin disc.

CASE REPORT

The patient was a heterosexual man, aged 34 years, married, not a drug user, and he had not travelled abroad during the past year. However, he admitted to having had sexual intercourse with a commercial sex worker, 4 days before the onset of the symptoms. He presented with a purulent acute urethritis with dysuria and was treated with a parenteral dose of ceftriaxone 500 mg and a week’s course of doxycycline. The patient became asymptomatic 36 hours after the start of the treatment. Serological tests for VDRL, HIV, and hepatitis B and C were negative.

The strain was β-lactamase negative and exhibited high level ciprofloxacin resistance (MIC 16 µg/ml) and low level tetracycline resistance (MIC 4 µg/ml) and was susceptible to the other antibiotics assayed. The MICs were penicillin 1 µg/ml, spectinomycin 32 µg/ml, ceftriaxone 0.03 µg/ml, and azithromycin 0.25 µg/ml. Phenotyping demonstrated a proline requiring auxotype and a WII/III serotype.

Both NG strains mentioned above displayed the same phenotypic characteristics: MICs (except for ciprofloxacin), auxotype, and serogroup.

The strain was resistant to ciprofloxacin, should be reviewed.

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Dorsal perforation of prepuce due to locally erosive condylomata acuminata

EDITOR,—We recently reported five patients with sexually non sexually transmitted ulcerative diseases complicated by perforation on the dorsal surface of the prepuce.1 We could find reports of only three similar cases in the indexed literature. During screening of our STD clinic files we found record of another patient with dorsal perforation of the prepuce; however, it was not due to genital ulcer disease, but to condylomata acuminata. This patient, a 22 year old man had unprotected sexual intercourse with a commercial sex worker about 6 months before reporting to our STD clinic in January 1994. About 1 month after sexual contact, he

developed small papular lesions on the glans penis. Lesions enlarged rapidly and started eroding the undersurface of the prepuce. Finally, 3 months later, the prepuce was perforated. Examination revealed a large, circular defect on the dorsal aspect of the prepuce through which multiple papulonodular, warty lesions were visible (fig 1). Warty lesions were also visible all around the preputial opening. On retraction of the prepuce (which was difficult), the whole glans penis, corona, and frenulum and undersurface of the prepuce were studded with multiple warts varying in size from 2 mm to 1.5 cm. The surface of the lesions was verrucous. Histopathological examination of one of the warty lesions showed features consistent with condyloma acuminatum. Serology for HIV and syphilis was negative.

In our earlier report all patients with dorsal preputial perforation had ulcerative lesions involving genitalia. Maite and Hay earlier reported a patient with genital warts treated with a topical podophyllin, who presented later with perforation of the dorsal surface of prepuce. They considered it as delayed podophyllin damage. In our patient, however, condylomas all over the glans, but perforation took place only on the dorsum of the prepuce, confirming that this site is more susceptible to this complication. Incidentally, two more patients with perforation on the dorsal surface of the prepuce as a complication of chancreoid and genital herpes have been depicted in A colour atlas of AIDS in the tropics.

We recruited subjects from a randomised community study that investigated the prevalence of sexually transmitted infections in women with and without access to female condoms. We obtained specimens from participants in two study sites. Participants were instructed by one of the study nurses how to obtain a self collected vaginal swab and at the same time collect urine. Women were asked not to clean the genital area before providing both specimens. Immediately after collection the vaginal swab was inoculated into the In-pouch and urine was stored at 200°C for 10 minutes. After the supernatant was discarded, the sediment was agitated and pipetted directly into the In-pouch. Specimens were shipped at room temperature to the University of Nairobi and incubated at 37°C for up to 5 days according to manufacturer’s instructions. Daily microscopic examination was performed for identification of T vaginalis.

Kappa = 0.256.

insensitive for identification of trichomonads in women. Since only 5–10 organisms in a sample are necessary for a positive culture, these findings were unexpected. We cannot fully explain why culture of urine for T vaginalis in women proved so poor. Because of contamination of the external genitalia with vaginal fluid, a first void urine specimen might have proved a better sample.

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Correspondence: OAM helped design and oversee the study, assisted with analysis of the data, and drafted the manuscript; CRC designed the study protocol, analysed the data, and supervised preparation of the manuscript; DK assisted with the design and supervision of the study, and assisted with manuscript preparation; JO performed T vaginalis and, with manuscript preparation; MK assisted with the design and supervision of the study, and assisted with manuscript preparation; MW was a co-investigator of the parent study, and assisted with manuscript preparation; PF was a co-principal investigator of the parent study and assisted in manuscript preparation; PFJ was the principal investigator of the parent study and assisted with manuscript preparation.

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risky factors for HIV-1 transmission in women: result from a cohort study. AIDS 1993;7:95–102.

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Guidelines for serological testing for syphilis

EDITOR.—In our area the high HIV prevalence has made the interpretation of syphilis tests particularly problematic. Coinfected patients do appear to reactivate their treponemal infection or possibly reinfection with a different “strain” in the presence of profound immunosuppression. As with some other agents IgM can persist for several years with peaks and troughs. Non-treponemal tests are uniformly negative while TPHA levels can fluctuate widely. It is perhaps unfortunate that reference laboratories may have developed their algorithms in the face of conventional syphilis diagnosis—these do little to help with HIV coinfected patients.

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Sexually transmitted infections and risk behaviours in women who have sex with women

EDITOR.—While it is comforting that some research is finally being carried out in depth on the risk of STIs among women who have sex with women (WSW),1 any conclusions drawn from this study for WSW in general need to be handled with a great deal of caution when one looks at the make up of the subjects and controls.

For example, over twice as many of the WSW as the control group were current sex workers; 38% of the WSW had had a previous termination of pregnancy; nearly six times as many of the WSW had a history of injecting drug use.

The researchers themselves say their “clinical population . . . may not be representative of the WSW in the general community.” This is an understatement—and any reporting of this study must make very clear statements about the dangers of inappropriate conclusions about STIs among women who have sex with women generally.

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BOOK REVIEWS


It is 6 years since the first edition of this book and the expansion in knowledge about lower genital tract precancer has been accelerated in the addition of an assistant and a contributing author, as well as an increase in the number of pages (from 254 in the first edition to 323 in the present one).

The extra input and space has been used to maximal effect with the book losing none of its attractiveness of appearance, content, and even texture by its use of high quality paper.

The addition of an expanded treatment of human papilloma virus in lower genital tract neoplasia makes the book more rounded. This chapter is comprehensive as well as excellently presented and very up to date. I appreciated the section on the role of oncogenic HPV detection in the prevention of lower genital tract precancer, although this naturally concerned CIN rather than VIN or VaIN.

I would have preferred chapter 5 (Cytology and screening for cervical precancer) to follow chapter 2 (HPV in the pathogenesis of lower genital tract neoplasia) and then the more practical aspects of colposcopy itself would not be interrupted. This is a small criticism of an otherwise comprehensive and logical content.

The chapter on the management of cervical precancer is a delight to read and see, with the section devoted to HIV positive women reflecting most shades of reliable opinion in this developing field. HIV is again included in the chapter on VIN.

GU colposcopy is a chapter particularly interested in the final chapters on infective conditions causing confusion in diagnosis of lower genital tract precancer. It is easy to quibble with some of the statements of management of the infections noted (cervical warts do not even merit a mention of treatment) but that is not the remit of the book.

The illustrations are gorgeous throughout and the line drawings are used to very good effect. The overabundant book critic might mention the data left on some colposcopic photographs, the venerable laser machine showed on page 171 and whether the speculum is correctly placed on page 36, but not me.

This is a “must buy.” It’s a big book (in size, content, and price) which should form the nucleus of the colposcopist’s library.

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Considering we inquire about or promote the use of condoms with each and every patient we see in GU/HIV clinics, it’s extraordinary how little we know about them. “Penis protectors” have come a long way since they were used in battle, cast to size, and made from goat bladder, although “natural” condoms can still be obtained today from the caeca of New Zealand lambs. Thanks to Charles Goodyear, the birth control movement, and the HIV epidemic the condom has enjoyed a renaissance and with more strin-
The chapter on condoms left me with a renewed belief that they are required to protect adequately against the psychosocial and community disease to the psychosocial and community impact of the unfolding epidemic. The well crafted material is grouped into 11 tutorials with 50-odd pages each, broken up with well designed interactive quizzes to aid factual recall, such as matching HIV prevalence to the pictures are. Improvements for the next edition might include updating the references with Medline abstracts (for example, offering searches for other works on the subject of interest or finding works which cite the article in question), and including more video material such as interviews with key players in the field.

On a deeper level, such an international approach to teaching HIV/AIDS fits well with the emphasis of the recent international AIDS conference on the whole HIV epidemic, not just the treatment options open to those affected by HIV in resource-rich countries. The sections on treatment reflecting mainly resource-poor experiences sit uneasily with the pictures of AIDS orphans and underfunded African hospitals. That this CD-ROM left me feeling uncomfortable about the structural inequity of the world is testament to the vision of its creators.

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Sexually transmitted infections and risk behaviours in women who have sex with women

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