Persistent serum immune complexes in syphilis

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SUMMARY Serum immune complexes were estimated by a polyethylene glycol precipitation method in 51 patients with early syphilis. The immune complexes were increased in 41% of patients before treatment and decreased to normal limits in only 56% during treatment. The results of the specific antitreponemal tests using dissolved immune complexes show that antibodies from the immune complexes are specific antibodies.

Introduction

The presence of circulating immune complexes (ICs) in early syphilis was first suggested by the evidence of ICs in syphilitic nephropathy.^{1,2} Using a radio-immunoassay, Sjølling and his co-workers^{3,4} also demonstrated circulating ICs in early syphilis and in a case of syphilitic nephropathy. Gamble and Reardan⁵ found antitreponemal antibodies in the deposits of ICs by antibody elution tests performed on kidney biopsy material, and Tourville and co-workers⁶ demonstrated the presence of treponemal antigen using an indirect fluorescent antibody technique.

In this study, we looked for circulating ICs before and after treatment using a precipitation method and assessed the specificity of circulating ICs.

Patients and methods

Serum samples from 51 local patients with primary (6) and secondary (45) syphilis were investigated before treatment. Of the 43 men (aged 20-71 years), 35 were homosexuals and five were married; of the eight women (aged 18-44 years), four were married.

Serum samples from 38 patients were investigated before and once a week during treatment, the last time being after treatment.

DIAGNOSIS

The diagnosis was established by either darkground microscopy or serological tests—the fluorescent treponemal antibody absorption (FTA-ABS) test, the *Treponema pallidum* immobilisation (TPI) test, the

T. pallidum haemagglutination (TPHA) test, and the Venereal Disease Research Laboratory (VDRL) test.

TREATMENT

Patients were treated with 500 000 units benzylpenicillin twice daily for 15 days and then with either benzathine benzylpenicillin/procaine benzylpenicillin retard 1 200 000 units three times weekly for 15 days or benzylpenicillin 1 megaunit twice daily for a further 15 days (in patients with abnormal cerebrospinal fluid samples).

PRECIPITATION TECHNIQUE

Serum ICs were estimated by the polyethylene glycol (PEG) precipitation method according to the technique of Diezel and co-workers.⁷ The principles of the method are precipitation of the ICs in barbital-HCl buffer (pH 8.4) containing 3.5% PEG, sedimentation of the complexes by centrifugation at $12\,000 \times g$, dissolution of the precipitates in Biurets reagent, and measurement of the optical density at 550 nm (protein determination).

The mean values determined in 100 healthy controls was 3.87 mg/ml serum (confidence interval $P < 0.01$).

The ICs used to test the specificity of the antibodies in specific routine antitreponemal tests (the FTA-ABS, the TPI, and the TPHA tests) were washed three times with barbital-HCl buffer containing 3.5% PEG and dissolved in 0.15 mol/l NaCl. The IC solution contained 5 mg protein/ml and was used instead of the patients' sera.

Results

ICs were increased in 21 of the 51 serum specimens obtained before treatment; 20 were from patients

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with secondary syphilis and one was from a patient with primary syphilis (table I). The ICs decreased to normal limits during treatment in only about 50% of patients (table II). This phenomenon did not depend on the kind of treatment or the daily dosage of penicillin.

Two specimens from patients with secondary syphilis containing increased amounts of ICs were tested by specific antitreponemal tests; the results were compared with those of two specimens from healthy controls (table III).

TABLE I Increased immune complexes in patients with primary and secondary syphilis before treatment

Diagnosis	No of patients	Increased ICs before treatment	
		No	%
Primary syphilis	6	1	16
Secondary syphilis	45	20	44
Total	51	21	41

TABLE II Increased immune complexes in 38 patients with primary and secondary syphilis before and after treatment

Diagnosis	Increased ICs	
	Before treatment	After treatment
Primary syphilis	1	0
Secondary syphilis	15	7
Total	16	7 (44%)

TABLE III Dissolved immune complexes from patients with secondary syphilis tested by specific antitreponemal tests

Specimens	IC detected by antitreponemal tests		
	FTA-ABS	TPI (% immobilisation)	TPHA (titre)
Secondary syphilis			
1	+	+/- (36)	+ (1/160)
2	+	+/- (28)	+ (1/160)
Control			
1	-	- (4)	-
2	-	- (0)	-

+ Positive; +/- weakly positive; - negative

Discussion

Using a sensitive precipitation method our investigations have shown that in nearly 50% of patients with secondary syphilis, and in some cases of primary

syphilis, pathologically increased amounts of ICs can be found.

Contrary to the findings of Sjølling and co-workers³ the ICs did not decrease to normal limits immediately after treatment. The present incomplete results of the continuing study also indicate that they do not decrease to normal limits a few months after treatment.

The results of the specific serological tests using dissolved ICs show that the antibodies from the ICs are specific antitreponemal antibodies.

Thus it can be concluded that (a) the antigen is a specific antigen from *T pallidum*; and (b) the individual pool of ICs is enlarged by specific antigen antibody complexes. If this conclusion is correct *T pallidum* must still be present in patients after treatment.

There is no doubt that specific antibodies are a constituent of the ICs. The ICs were washed until the supernatant was free of protein, especially of IgG detected by immunodiffusion. Provided that the specific antibodies are detected long after treatment, we consider that the continued serum reactivity after treatment is a consequence of the persisting presence of viable *T pallidum*. This corresponds to the results of several investigators who have found evidence of *T pallidum* in patients after treatment.^{8,9}

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