Susceptibility of *Neisseria gonorrhoeae* to cefotaxime and ceftizoxime

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SUMMARY Two hundred and thirty-nine penicillinase-positive and 240 penicillinase-negative strains of *Neisseria gonorrhoeae* were tested for their susceptibility to cefotaxime. All were susceptible to cefotaxime at a concentration of 0.062 µg/ml. Penicillinase-negative strains were less susceptible than penicillinase-positive strains. This is attributed to the use of prophylactic antibiotics by prostitutes, which has led to the selection of less susceptible penicillinase-negative strains but has not affected the susceptibility of penicillinase-positive strains. The minimum inhibitory concentrations of cefotaxime showed significant positive correlations with those of penicillin, ampicillin, tetracycline, and kanamycin but had a negative correlation with spectinomycin. The related cephalosporin, ceftizoxime, was found to be as effective as cefotaxime against penicillinase-positive and penicillinase-negative gonococci.

Introduction

Cefotaxime is a new cephalosporin that is highly effective against a wide range of bacteria^{1,2} and against penicillinase-positive (PPNG) and penicillinase-negative (non-PPNG) strains of *Neisseria gonorrhoeae*.^{3,4} Its level of activity against the gonococcus is several times greater than that of other cephalosporins (cefuroxime) and cephamycins (cefoxitin), which are currently used in the treatment of gonorrhoea caused by PPNG. In view of its potential value as a second-line antibiotic we have recently started monitoring the activity of this drug against routine isolates of gonococci. This paper reports its activity against 479 strains of gonococci and discusses the variation in the susceptibility of the gonococci isolated from different sources.

Ceftizoxime is another cephalosporin which has been recently introduced. It is closely related to cefotaxime, to which its antibacterial activity is comparable.⁵ We have tested 72 strains of gonococci for their susceptibility to ceftizoxime to determine if its activity against the gonococcus is comparable to cefotaxime.

Materials and methods

The 479 strains of *N gonorrhoeae* were recent isolates from routine specimens. Isolates from the ano-

genital region were identified by their colonial morphology on modified Thayer-Martin medium, oxidase reaction, and Gram-stained microscopical appearance; isolates from other sites were further confirmed by sugar utilisation tests on cystine-trypticase agar. All penicillinase-producing strains were confirmed by the rapid iodometric method.⁶

ANTIBIOTIC SUSCEPTIBILITY

The minimum inhibitory concentrations (MICs) of cefotaxime and ceftizoxime were determined by the agar-plate dilution method. Two-fold dilutions of the antibiotics from 0.125 µg/ml to 0.0005 µg/ml were prepared in GC agar base (BBL) supplemented with 1% haemoglobin (BBL) and IsoVitalex.

Strains of *N gonorrhoeae* were grown overnight on chocolate agar. A suspension of the organism in trypticase soy broth was made and the turbidity adjusted to correspond to that of 0.5% McFarland standard barium sulphate solution. The suspension was further diluted 1/100 to give a final cell count of approximately 10⁶ organisms per ml. Approximately 5-µl volumes of each suspension were then spotted on the series of plates by a multipoint inoculator. The plates were dried and incubated in CO₂ tins at 35°C overnight. The MIC was read as the lowest concentration of antibiotic that permitted the growth of no more than one colony.

To determine the correlations between the MICs of the various antibiotics 82 strains were tested for their susceptibility to cefotaxime, penicillin, ampicillin, tetracycline, spectinomycin, and kanamycin. The

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dilution for each antibiotic was such that growth occurred at the lower end of the range.

TESTS OF SIGNIFICANCE

The MIC distributions of cefotaxime for the different groups of *N gonorrhoeae* were compared by the χ^2 test. The product moment correlation coefficient (r) was used to determine the relationships between the MICs of the various antibiotics. Student's t test was used to compare the geometric means of the MICs of penicillin for non-PPNG from men and women.

Results

Two hundred and thirty-nine PPNG and 240 non-PPNG strains were examined for their susceptibility to cefotaxime. All the strains were susceptible to 0.062 $\mu\text{g/ml}$. The non-PPNG were less susceptible than the PPNG; 19.6% of non-PPNG had MIC values of $\geq 0.016 \mu\text{g/ml}$ compared with 5% of PPNG (table I). The distributions of their MICs are significantly different ($\chi^2 = 36.9092$; $P < 0.001$).

The least susceptible strains were the non-PPNG isolated from women, 23.7% of which had MICs of $\geq 0.016 \mu\text{g/ml}$. The most susceptible strains were PPNG from men and women, of which 6.5% and 4.1% respectively had MICs of $\geq 0.016 \mu\text{g/ml}$. The MIC distribution of non-PPNG from women is significantly different from those of PPNG isolated from either men or women (table II).

In contrast to isolates from women, only 9.9% of non-PPNG from men had MICs of $\geq 0.016 \mu\text{g/ml}$, and the MIC distribution of these strains did not differ significantly from those of non-PPNG from women or PPNG from men and women (table II).

MICs of cefotaxime showed strong positive correlation with those of penicillin. Both antibiotics showed significant positive correlations with ampicillin, tetracycline, and kanamycin, but had negative correlations with spectinomycin (table III).

To determine if the MICs of penicillin for non-PPNG strains from men and women were different,

TABLE II Comparison of MIC distributions of cefotaxime for *N gonorrhoeae* from men (M) and women (F)

Isolates	Isolates	χ^2 test	Probability
Non-PPNG (F)	PPNG (F)	36.4815	<0.001
Non-PPNG (F)	PPNG (M)	20.3809	<0.01
Non-PPNG (F)	Non-PPNG (M)	14.0656	<0.1
Non-PPNG (M)	PPNG (F)	11.2665	>0.1
Non-PPNG (M)	PPNG (M)	9.8131	>0.1
PPNG (M)	PPNG (F)	4.6681	>0.5

TABLE III Correlations between MICs of cefotaxime and penicillin with MICs of other antibiotics

Antibiotics	Cefotaxime ($\mu\text{g/ml}$)		Penicillin ($\mu\text{g/ml}$)	
	r	P	r	P
Penicillin	0.6636	<0.001		
Ampicillin	0.6039	<0.001	0.8797	<0.001
Tetracycline	0.5267	<0.001	0.7211	<0.001
Spectinomycin	-0.0304	>0.05	-0.1374	>0.1
Kanamycin	0.3934	<0.001	0.2403	<0.05

r = product moment correlation coefficient

P = probability

as was the case with cefotaxime, the susceptibility of 253 strains to penicillin was investigated. It was found that strains from women were more resistant than those from men (table IV). The geometric mean MIC of isolates from women was 2.14 $\mu\text{g/ml}$ compared with 0.77 $\mu\text{g/ml}$ for strains from men. The difference was significant ($t = 2.6136$; $P < 0.01$).

TABLE IV MICs of penicillin for *N gonorrhoeae* from men and women

$\mu\text{g/ml}$	Men	Women
≤ 0.016	1	
0.031	13	4
0.062	26	10
0.125	22	13
0.25	29	15
0.5	27	11
1.0	21	21
2.0	19	16
4.0	1	3
8.0		1
Total	159	94

TABLE I MICs of cefotaxime for *Neisseria gonorrhoeae*

MICs ($\mu\text{g/ml}$)	No of PPNG strains			No of non-PPNG strains			Grand total
	Men	Women	Total	Men	Women	Total	
≤ 0.0005	28	42	70	26	37	63	133
0.001	14	20	34	10	34	44	78
0.002	11	23	34	14	25	39	73
0.004	25	32	57	7	25	32	89
0.008	9	23	32	7	8	15	47
0.016	5	4	9	4	25	29	38
0.031	1	1	2	3	13	16	18
0.062		1	1		2	2	3
Total	93	146	239	71	169	240	479

TABLE V MICs of ceftizoxime for *N gonorrhoeae*

$\mu\text{g/ml}$	PPNG	Non-PPNG
≤ 0.0005	16	18
0.001	9	5
0.002	9	7
0.004	4	2
0.008		2
Total	38	34

Seventy-two strains were also tested for their susceptibility to ceftizoxime. All the strains were susceptible to 0.008 $\mu\text{g/ml}$ (table V).

Discussion

These findings confirm previous studies^{3,4} that cefotaxime is highly effective against PPNG and non-PPNG strains. All the strains tested were susceptible to a concentration of 0.062 $\mu\text{g/ml}$.

The MICs for non-PPNG are significantly higher than those for PPNG strains. This differs from our previous study,³ in which it was found that PPNG strains were less susceptible to cefotaxime than non-PPNG. This is probably due to the difference in the types of patients from whom the gonococci were isolated. Non-PPNG from women had higher MICs than non-PPNG from men or PPNG from men or women, and non-PPNG from women had higher MICs of penicillin than similar strains from men. Since there was a significant positive correlation between MICs of cefotaxime and penicillin, any factor which produces a higher MIC of penicillin for strains from women is also likely to have contributed to a higher MIC of cefotaxime for such strains.

Almost all the specimens from women in the present study came from prostitutes, but only about 10% of those from men were from male prostitutes. A study presently being conducted shows that over 20% of male and female prostitutes are receiving prophylactic antibiotics at any one time. It is likely that the use of prophylactic antibiotics had resulted in a selection of strains which were less susceptible to penicillin among the prostitutes. Since almost all the women were prostitutes compared with only 10% of the men, it is not surprising that the MIC of penicillin for non-PPNG strains from women were higher than those from men. Because of the positive correlation between MICs of penicillin and cefotaxime, the latter for non-PPNG strains from women were also higher than those from men.

The use of prophylactic antibiotics has apparently not resulted in any selective pressure in the case of PPNG. Hence no difference is observed in the MIC distributions of PPNG from men and women. Such strains were much more susceptible than non-PPNG from women. As only 10% of men were prostitutes,

the MICs of non-PPNG from men were only slightly higher than the PPNG from men and women.

This study shows that the taking of prophylactic antibiotics may be an important factor in causing differences in the antibiotic susceptibility of gonococci from different populations. The antibiotic taken need not necessarily be the same as the one being tested, provided the two drugs show a strong positive correlation.

The correlation of cefotaxime to other antibiotics is very similar to that of penicillin. Both showed significant positive correlation to ampicillin, tetracycline, and kanamycin and a negative correlation to spectinomycin. This suggests that cefotaxime may be a suitable alternative to spectinomycin or vice versa in the event of treatment failure with either drug.

Ceftizoxime has a chemical structure very similar to that of cefotaxime⁵ and a similar range of antibacterial activity. This study shows that it is at least as effective against PPNG and non-PPNG strains as cefotaxime. Like cefotaxime it is also stable to hydrolysis by a variety of β -lactamases.⁷ Cefotaxime, in a dose of 500 mg, has been used successfully in the treatment of gonorrhoea.⁸ Thus, it is likely that ceftizoxime will also prove to be a potent drug in the treatment of gonorrhoea.

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