

# Evaluation of the coagglutination test for the identification of *Neisseria gonorrhoeae* in primary cultures

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**SUMMARY** The coagglutination (COA) test for the identification of *Neisseria gonorrhoeae* was compared with immunofluorescence and sugar degradation tests on 1710 gonococcal isolates, 72 of which produced  $\beta$ -lactamase. The COA test gave a positive result for 98.6% of the strains. Treatment of suspensions with *Streptomyces* enzyme reduced the incidence of inconclusive results due to autoagglutination to 1.2%. Cross-reactivity of the gonococcal antiserum was minimised by absorption with meningococci and *Moraxella* species. The COA provides a simple, quick, and reliable method for identifying *N gonorrhoeae* in culture.

## Introduction

The identification of *Neisseria gonorrhoeae* in primary cultures by conventional sugar degradation methods often requires subculture to obtain a pure growth of gonococci, so that results are not usually available for 24-48 hours. Some strains of gonococci grow poorly on first isolation and ferment glucose feebly; difficulties may also arise from the use of impure reagents. Direct immunofluorescence tests with specific antigonococcal conjugates have been used to identify gonococci in primary culture, and although these give reliable results they require facilities for fluorescence microscopy.

A coagglutination test for identifying gonococci was described by Danielsson and Kronvall<sup>1</sup>; this gives a more rapid result and does not require specialised equipment. It is based on attachment of gonococcal antibody by its Fc portion to staphylococcal protein A; subsequent reaction of the Fab determinants with gonococci produces clumping which can be detected visually by a slide test. Many workers have reported on the usefulness of this test.<sup>2-7</sup>

This study compares the results of the coagglutination (COA) test with those obtained by fluorescent antibody (FA) and sugar degradation tests on fresh

isolates of gonococci, other *Neisseria* species, and other organisms frequently isolated from the genital tract.

## Materials and methods

### BACTERIAL STRAINS

Bacterial strains tested were:

- (1) 1160 strains of *N gonorrhoeae* isolated from routine specimens from patients attending the Whitechapel Clinic, London Hospital, and 550 strains sent to the VD Reference Laboratory for identification and antibiotic sensitivity studies;
- (2) 75 strains of *Neisseria meningitidis* of various groups;
- (3) 72 isolates of other *Neisseria* species; and
- (4) 70 strains of other bacterial species (*Pseudomonas* four, *Haemophilus influenzae* seven, *Haemophilus parainfluenzae* two, *Streptococcus pyogenes* group B 25, *Staphylococcus epidermidis* 20, and *Escherichia coli* 12).

### MEDIA

Specimens were plated directly in the clinic on a selective medium containing brain heart infusion agar (Oxoid C17375), with 10% defibrinated horse blood enriched with Gibco CVA supplement; vancomycin (3 mg/l) and colistin (7.5 mg/l) were added as inhibitory agents. Cultures were incubated for 24-48 hours at 35°C in an atmosphere of 8-10% CO<sub>2</sub>; Kellogg's serum-free medium<sup>8</sup> was used in parallel

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with brain heart infusion medium to assess the effect of serum in the medium on the COA test. Oxidase-positive Gram-negative diplococci of typical colonial and microscopical morphology were selected for examination by COA, FA, and sugar degradation tests. Other *Neisseria* and bacterial species were identified by standard procedures.<sup>9</sup> The serogroups of meningococcal isolates were determined. Strains were cultured on plates of hydrocoele agar for sugar degradation tests with (a) 1% glucose and (b) 1% maltose, lactose, and sucrose with phenol red as indicator.<sup>10</sup> Strains producing acid on plate (b) were further tested by inoculation of bijou bottles of Flynn and Waitkins medium<sup>11</sup> containing the individual carbohydrates.

#### ANTIGONOCOCCAL SERUM

A polyvalent gonococcal antiserum was obtained from hyperimmunised rabbits by the methods described by Danielsson.<sup>6</sup> Before use the antiserum was absorbed with formalinised strains of *Neisseria meningitidis* (groups B, Y, and XYZ) and *Moraxella* species.<sup>6</sup> The same antiserum was used to prepare an FITC conjugate for the FA tests and for sensitising staphylococci in the COA test.

#### FLUORESCENT ANTIBODY TEST

Gonococci were evenly suspended in 0.5% gelatin in phosphate-buffered saline (pH 7.1) using a vortex mixer to give a barely perceptible turbidity, and a loopful was spread over an area 1 cm in diameter on a clean glass slide and allowed to dry. The slide was fixed in 50% methanol in PBS for 10 minutes and washed in PBS; a drop of conjugate, diluted to its working titre in PBS, was added. The working dilution was based on the highest dilution of conjugate which gave bright staining of gonococci from cultures of a reference strain and no reactivity with other neisseriae. After incubation at 37°C for 30 minutes in a moist chamber the slides were washed with PBS for two five-minute periods, rinsed with distilled water, mounted in buffered glycerol (pH 8.0), and examined with a Reichert Zetopan microscope equipped for darkground illumination with an HBO 200 mercury vapour light source. A Balzer FITC interference filter, a 530-mm barrier filter, and a  $\times 63$  immersion objective were used with  $\times 10$  oculars.

Readings were classed as: + +, bright peripheral fluorescence (positive); +, weaker peripheral fluorescence (doubtful); and  $\pm$ , very faint overall staining or no staining (negative).

Control strains of gonococci and meningococci were included in each batch of tests.

#### COAGGLUTINATION TEST

Reagents for the test were prepared by the method described by Danielsson and Kronvall.<sup>1</sup> *Staphylococcus aureus*, strain Cowan 1 (NCTC 8530), was grown for 18 hours in Todd-Hewitt broth at 36°C in a shaking water-bath. The cells were then harvested by centrifugation; the pellet was washed three times in phosphate buffer pH 7.2, resuspended in 5 ml of the same buffer containing 0.5% formalin for three hours, washed twice in PBS, resuspended, and heated at 80°C for five minutes. After additional washing the bacteria were suspended to 10% w/v in PBS containing 0.1% sodium azide. The suspension of staphylococci was stored at -20°C as this has been shown to enhance its stability.<sup>12</sup> Before sensitisation the suspension was washed twice with PBS.

*Sensitised test suspension.* This was prepared by adding 0.1 ml of the absorbed antigonococcal serum to 1 ml of the washed 10% suspension of staphylococci. This was thoroughly mixed and left for 10 minutes at room temperature, centrifuged at 2500  $\times g$  for 15 minutes and the deposit washed twice in PBS. The sensitised cocci were finally suspended in 10 ml of sterile PBS containing 0.1% sodium azide.

*Control suspension.* This was similarly prepared with 0.1 ml of normal rabbit serum in place of the antiserum. Both suspensions were stored at 4°C and remained usable for 2-3 months.

*Test procedure.* Two smears of growth were made on a glass slide with a platinum loop containing a few gonococcal colonies. The smears were left on the bench at room temperature for two minutes; one drop of sensitised gonococcal reagent was then thoroughly mixed with one smear by means of a platinum loop or wooden applicator and one drop of control suspension with the other. The slides were then rocked gently for 2-3 minutes and examined by eye for agglutination under oblique light against a dark background.

Alternatively, in those strains which showed autoagglutination by the direct smear method the growth from an 18-hour culture was suspended in PBS with a vortex mixer so that the suspension was free from visible particles. Twenty-five-microlitre volumes of the suspension were placed on two circled areas of a glass slide; 25  $\mu$ l of the test and control suspensions were added, thoroughly mixed, and rocked as described.

Tests were read as follows:

Positive: definite clumping of coarse or fine particles with sensitised reagent, the control remaining evenly turbid. Strong reactions appeared within 30 seconds; doubtful reactions were re-examined after constant rocking for 2-3 minutes.

**Negative:** both suspensions evenly turbid with no visible clumping.

**Autoagglutination:** Irregular clumps and lacy strands with both suspensions.

#### METHODS OF MINIMISING AUTOAGGLUTINATION

The use of serum-free medium was proposed by Menck<sup>3</sup> to reduce the number of strains showing autoagglutination, but this was not effective in the present study. It has been suggested that heating such strains in a water-bath at 80-100°C for 20 minutes makes the results easier to read.<sup>7</sup> Autoagglutinating strains were heated at 80°C for 5, 15, and 30 minutes, and centrifuged, and the antigen-containing supernatant retested. This enabled readings to be obtained with some strains but not with others.

The following enzymes were tested: trypsin 1% (Difco), pronase 1% (purified), and *Streptomyces* enzyme. The latter was prepared as described by Maxted for group identification of streptococci<sup>13, 14</sup> and was supplied by the Cross-Infection Reference Laboratory (PHLS, Colindale, Middlesex). It was used without further dilution and was found to be more efficient in reducing autoagglutination than the other enzymes tested. A 20- $\mu$ l volume of the enzyme was added to each of the mixed staphylococcal and gonococcal suspensions on the slide, which was rocked slowly and observed for COA. An enzyme extract was prepared from those strains showing persistent autoagglutination after this treatment by taking a loopful of growth from an 18-hour culture on selective medium into 0.25  $\mu$ l of enzyme solution in a small tube. This was heated in a water-bath at 50°C for about 30 minutes and the clear supernatant used in the test.

#### Results

In the first part of the study 728 strains of *N gonorrhoeae* were tested by the three methods described

(table I). The COA test gave definite positive results with 664 (91.2%) strains, but readings could not be made with 64 isolates which gave inconclusive results because of autoagglutination.

The effect of *Streptomyces* enzyme, as used in the Lancefield grouping of streptococci by slide agglutination, was investigated during tests on a further 982 gonococcal isolates. Tests performed with this enzyme were generally easier to read, and in particular the results obtained on many autoagglutinating strains were more confidently interpreted. In this series definite positive reactions were obtained with 968 (98.6%) strains; only 1.2% inconclusive results were recorded compared with 8.8% in the first series (table I). The *Streptomyces* enzyme was also found to be effective in tests using commercially available COA reagents (Phadebact Gonococcus Test, Pharmacia Diagnostics, Uppsala, Sweden).

The FA test gave positive results for 1607 (94.0%) and doubtful results for 92 (5.4%) of the 1710 strains in the combined series. The sugar degradation tests gave unequivocally positive results for 1695 (99.1%); 15 (0.9%) strains failed to ferment glucose (these were usually slow-growing atypical isolates, seven of which were obtained from disseminated gonococcal infections and five from extragenital sites). The COA gave positive results with these strains but the FA test result was doubtful in nine.

Two strains which had been isolated in Australia and gave sugar degradation reactions specific for *N gonorrhoeae* but doubtful results in the gonococcal FA test gave negative results by the COA.

Of the 1710 strains of *N gonorrhoeae*, 72 produced  $\beta$ -lactamase. The COA gave a positive result for all these strains. The FA result, however, was definitely positive in only 40, and 29 strains showed doubtful fluorescence and three gave negative results.

Two strains of meningococci of serogroups XYZ and W135 gave positive COA test results. The other *Neisseria* species (table II) tested were either COA-negative or gave inconclusive results because the

TABLE I Comparison of results of coagglutination (COA), fluorescent antibody (FA), and sugar degradation tests on 1710 strains of *Neisseria gonorrhoeae*

| Treatment of suspension    | No of strains | Results of tests (%): |   |          |            |          |         |                        |           |
|----------------------------|---------------|-----------------------|---|----------|------------|----------|---------|------------------------|-----------|
|                            |               | COA                   |   |          | FA         |          |         | Carbohydrate reactions |           |
|                            |               | ++                    | - | 0        | ++         | +        | -       | Positive*              | Negative† |
| None                       | 728           | 664 (91.2)            | 0 | 64 (8.8) | 688 (94.5) | 38 (5.2) | 2 (0.1) | 722 (99.2)             | 6 (0.8)   |
| <i>Streptomyces</i> enzyme | 982           | 968 (98.6)            | 2 | 12 (1.2) | 919 (93.6) | 54 (5.5) | 9 (0.9) | 973 (99.1)             | 9 (0.9)   |
| Total                      | 1710          | 1632                  | 2 | 76       | 1607       | 92       | 11      | 1695                   | 15        |

\*Glucose +, maltose -, lactose -, sucrose -

†Glucose -, maltose -, lactose -, sucrose -

+ + = positive, + = doubtful, - = negative, 0 = inconclusive

TABLE II Results of coagglutination and fluorescent antibody tests on *Neisseria* and related species (with absorbed reagents)

| Species                  | Strains | Coagglutination test |     |    | Fluorescent antibody test |   |     |
|--------------------------|---------|----------------------|-----|----|---------------------------|---|-----|
|                          |         | ++                   | -   | 0  | ++                        | + | -   |
| <i>N meningitidis</i>    | 75      | 2                    | 71  | 2  | 0                         | 3 | 72  |
| <i>N mucosa</i>          | 3       |                      | 3   |    |                           |   | 3   |
| <i>N subflava</i>        | 4       |                      | 4   |    |                           |   | 4   |
| <i>N flavescens</i>      | 3       |                      | 3   |    |                           |   | 3   |
| <i>N lactamica</i>       | 12      |                      | 9   | 3  | 2                         |   | 10  |
| <i>N sicca</i>           | 9       |                      | 3   | 6  | 0                         |   | 9   |
| <i>N pharyngis</i>       | 14      |                      | 14  |    |                           |   | 14  |
| <i>Br catarrhalis</i>    | 15      |                      | 14  | 1  |                           |   | 15  |
| <i>Moraxella</i> species | 12      |                      | 9   | 3  |                           |   | 12  |
| Total                    | 147     | 2                    | 130 | 15 | 2                         | 3 | 142 |

+ + positive, + = doubtful, - = negative, 0 = inconclusive

strains were autoagglutinable. No positive COA test results were obtained with the 70 strains of other organisms listed above.

### Discussion

The identification of *N gonorrhoeae* in primary culture by conventional sugar degradation tests has been reviewed by Shtibel and Toma<sup>15</sup> and Young *et al.*<sup>16</sup> These methods usually incur a delay of at least 24 hours before final identification. Serological techniques for identification reduce this delay and results are usually available on the day the primary culture is examined. The FA technique requires specialised equipment and experience in fluorescence microscopy but gives good results if a specific conjugate is used. In particular, this conjugate should have adequate reactivity with local strains of gonococci and should be absorbed to remove cross-reacting antibodies to other species of *Neisseria* and related bacteria.

The COA test, however, requires no specialised equipment and the result is available within a few minutes. The present study has confirmed earlier reports in which the COA, FA, and sugar degradation tests were compared and has shown that the COA test provides an accurate means of identifying most strains of gonococci. Nevertheless sugar utilisation or FA tests should also be used for identifying problem strains isolated from extragenital sites.

The finding of two Australian strains identified as *N gonorrhoeae* on the basis of sugar degradation reactions which gave negative results in the COA test may reflect geographical differences in antigenic profile.<sup>17</sup> This underlines the necessity for raising an antigenococcal serum known to be reactive in the COA test with local gonococcal strains.

Inconclusive results due to autoagglutination of some strains may be minimised by using the *Strep-*

*tomycetes* enzyme and this appears to be more effective and less time-consuming than methods using heat or subculture on serum-free media. Although reagents for the COA test are available commercially, they are not difficult to prepare in the laboratory. Reactivity with other neisseriae is avoided by absorption of the gonococcal antiserum.

The coagglutination test provides a simple specific method suitable for identifying *N gonorrhoeae* in general microbiological laboratories.

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