Genital herpes diagnosed by cervical cytology

I was interested to read the recent letter entitled, “Genital herpes diagnosed by cervical cytology” describing the results of a retrospective study of women whose cervical cytology suggested infection with herpes simplex virus (HSV). I acknowledge the difficulty one would encounter in counselling those women without ulceration or any history of the latter as to how sexual transmission of the virus might be prevented.

I would be interested to know, however, how many of this particular group of women could recall the presence of genital ulceration in any of their previous or current partners. This, if present, might go some way to convincing the authors of the value of cytology in the diagnosis of HSV infection.

A Papanicolaou smear containing multinucleated giant cells with a ground glass nuclear appearance is well known to be a highly specific indicator of HSV infection. In a study by Brown et al, a specificity of up to 98% was recorded. Nahmias, in a study not dissimilar to that under discussion, was able to provide “... confirmation that the cellular changes suggestive of HSV infection seen by the cytopathologist during examination of Papanicolaou smears ... are indeed due to that virus.” The results of the reported study merely confirm these findings: of the 20 women whose cervical smears suggested HSV infection and in whom cultures were performed, all yielded positive results.

I am, therefore, somewhat disturbed by the authors reluctance to communicate the results of cytology to those women who have no history of ulceration on the grounds that they could be offered no useful or acceptable advice on how to prevent sexual transmission. This may be so, but there is a more pertinent point of discussion, particularly relevant to a population of child-bearing age, which the authors in their reluctance to communicate a diagnosis, fail to address: the importance of HSV infection in pregnancy. In the ten years up until 1988, there were two neonatal deaths from disseminated herpes infection at the Birmingham Maternity Hospital. Both the mothers had no symptoms and gave no history suggestive of herpes infection.
I would suggest that women with cytological evidence of HSV infection be advised of their diagnosis and urged to inform their obstetrician of the same. It is possible that ulceration has gone unnoticed in the past and an opportunity to corroborate the cytological diagnosis by viral culture may present itself to the vigilant medical attendant. Alternatively, infection may be truly confined to the cervix, in which case the obstetrician will have no external clinical indicator of recurrence. Virological screening in the latter stages of pregnancy may have a particular place in the management of this selected group of patients, although its routine use in all those with a history of genital herpes is disputed. At the very least, these women should be advised to attend early in labour so that a full genital examination, including speculum examination of the cervix might be performed.

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Dr Radcliffe and Dr Mindel reply:
We agree with Dr Stack that women with herpes detected by cytology alone should be offered the opportunity of careful monitoring during subsequent pregnancies.

Labial adhesions after genital herpes infection – authors reply

Haran and colleagues' appear to have missed the point of our case report on labial adhesions after genital herpes infection, since it was not so much the occurrence of the adhesions per se but rather their persistence and related consequences which were important. We have little doubt that the majority of physicians, like ourselves, who see patients with florid primary herpes have seen varying degrees of adhesion formation. These adhesions generally require little more than gentle digital separation and other simple measures because of their flimsy nature.

Our case report served to show how relatively quickly, since it was less than three weeks from the onset of her attack to our first seeing her, the adhesions had become so fixed, rendering simple digital separation impossible. The consequence of this was that the patient was to have a general anaesthetic and laser separation, and although this was in our case not ultimately required, as the majority of the adhesions had resolved spontaneously, in a similar case report the patient was not so fortunate.

To our knowledge this persistence in adhesions is relatively rare, the rarity undoubtedly being attributed to the diligent management by physicians of the primary stages of the infection. Our case report hopefully served to highlight that such diligence is necessary in order to avoid long-term complications leading to unnecessary surgical procedures under general anaesthesia.

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(Hol: This correspondence is now closed.)

Yersinia pseudotuberculosis infection as a cause of reactive arthritis as seen in a genitourinary clinic: case report

The recent case report of reactive arthritis associated with Yersinia pseudotuberculosis infection highlights a growing problem. Statistical returns from genitourinary medicine (GUM) clinics in England indicate that the number of cases of non-specific genital infection NSGI with arthritis has been increasing steadily since 1984 although the total number of cases of NSGI dropped in 1987. Because of the nature of reactive arthritis, it is likely that many cases will be referred to a GUM clinic, with, or without evidence of urethritis, rather than attend spontaneously.

It is important that genitourinary physicians are aware of the full differential diagnosis and are familiar with the tests which are required to elucidate the underlying cause of the condition.

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