LETTERS TO THE EDITOR

Labial adhesions following severe primary genital herpes

EDITOR,—Labial adhesions following genital herpes infection have been described previously. To prevent their development various suggestions such as the use of early aciclovir, ‘paraffin gauze,’ and saline bathing have been put forward. We believe nursing care is a significant factor in the prevention of this complication. Here we report two cases of severe genital herpes presenting at different sites, almost at the same time, both necessitating admission and developing labial adhesions.

CASE 1
A 25 year old woman was admitted to the medical ward with severe vulval ulceration, generalised skin rash, and difficulty in micturition of 4 days’ duration. Clinical examination revealed target lesions, swollen labia, bilaterally enlarged tender inguinal lymphadenopathy with extensive vulval ulcerations. A clinical diagnosis of erythema multiforme was made. However, swabs taken at admission for clinical diagnosis of HSV were negative. The patient was commenced on oral aciclovir and metronidazole, and lignocaine gel and saline bathing at home. A follow up appointment was arranged for release of adhesions. Surprisingly, separation of adhesions was not needed.

COMMENT
These two cases illustrate that females with severe genital herpes can be admitted to different hospital departments other than genitourinary medicine, where the nursing staff may not be familiar with the management and complications of this infection. Patients should be encouraged to separate the labial folds; this can be facilitated by the liberal use of local anaesthetic agents with the assistance of the nursing staff. Frequent saline bathing of the genitalia should be encouraged to facilitate the removal of the fibrinous exudate, which is responsible for the formation of these adhesions.

GUM nurses and physicians should play an active part in the education and nursing care of such cases and lead the management especially when admitted to other specialties.

Contributors: EH managed case 1, JD managed case 2, while both authors wrote the manuscript.

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Respiratory and cutaneous manifestations of disseminated cryptococcosis in AIDS

EDITOR,—A 26 year old, previously fit and well Afro-Caribbean man, presented with a 5 week history of a “flu-like” illness. Initially treated with antibiotics, the patient deteriorated, developing a cough, haemoptysis, progressive breathlessness, intermittent blurring of vision, and a rash. Investigations indicated he was HIV positive.

On examination, though orientated, he looked unwell and was febrile. He had an extensive papulonodular rash on his face, trunk, and limbs. Many of these lesions were centrally umbilicated with areas of associated haemorrhage (fig 1). Respiratory examination revealed decreased air entry in the right chest and coarse inspiratory bi–basal crackles. Funduscopy demonstrated retinal pallor, congested optic discs, and bilateral soft exudates associated with haemorrhages. He had no focal neurological signs.

Full blood count, urea and electrolytes, and clotting screen were normal. Arterial blood gases on 35% oxygen revealed a pH of 7.44, PaO₂ 9.4 kPa, PaCO₂ 2.7 kPa, base excess −8.2. Chest radiograph demonstrated bilateral infiltrates with a right sided pleural effusion.

The patient had been treated for a presumed diagnosis of severe community acquired pneumonia and/or Pneumocystis carinii pneumonia plus Molluscum contagiosum of the skin. In view of the patient’s clinical findings, additional therapy was commenced with anticytomegalovirus (CMV) and anticytostarococcal agents.

Urgent blood and pleural fluid cryptococcal reactive antigen testing (CRAG) were strongly positive at a titre of >1:2048. Blood CMV PCR was negative. The patient could not tolerate a lumbar puncture. Despite initial improvement, he developed progressive respiratory failure and died. The post mortem revealed disseminated cryptococcal disease with involvement of brain, skin, lung, heart, liver, spleen, kidneys, pancreas, thyroid, bowel, adrenal glands, and testes.
Disseminated cryptococcal infection has a >80% mortality when associated with respiratory failure. Cutaneous lesions occur in 5–10% of cases. These include subcutaneous nodules, ulcers, and cellulitis. These may mimic pyoderma gangrenosum, Kaposi’s sarcoma, and Molluscum contagiosum. Clinically, cryptococcal disease may be distinguished from Molluscum contagiosum by a more acute onset of numerous papules, which often have a central haemorrhagic crust.

Our patient was unwell and had skin lesions that were too extensive for simple Molluscum contagiosum to highlight that herpes simplex can occur in these circumstances. The CRAG test provides a rapid method of confirming the diagnosis of cryptococcosis. It will be positive in blood in infected individuals in up to 95% of cases. The result can then be verified on culture of suitable body fluids.

We report the early consideration of disseminated cryptococcosis in HIV positive patients with respiratory features suggestive of pneumonia or pleural effusion and atypical skin lesions. The use of rapid diagnostic tests may help to improve the poor outcome in this patient population.

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Accepted for publication 14 November 2000

Recurrent eczema herpeticum: an underrecognised condition

EDITOR,—We present a case of eczema herpeticum to highlight that herpes simplex can cause generalised infection in atopic individuals and should be considered in the differential diagnosis.

CASE REPORT
A 19 year old man presented with 2 day history of extensive painful purulatuer eruptions of the hands, forearms, and chest. He also felt unwell and had fever. Fingers were stiff and could not be fully extended. He was seen in the local accident and emergency department and prescribed flucloxicillin. On direct questioning he admitted that his illness started with painful penile ulcers followed 2 days later by erythralised crops of blisters, which then became infected. Ten days before this he had unprotected sexual intercourse with a casual female friend in Ibiza. He had had extensive atopic eczema during childhood, which is well controlled now but has been getting hay fever for the past few years.

Examination revealed symmetrical purular eruptions on the hands, wrists, forearms, lower legs and chest, and a few vesicular eruptions on the hands typical of herpes. He also had multiple superficial penile ulcers. Axillary and inguinal lymph nodes were enlarged. There was also evidence of generalised eczema. Herpes simplex was isolated from the penile ulcers. Screening for other STIs and HIV was negative. He was treated with aciclovir 200 mg five times a day for 5 days with very good response. Two months later he presented to the Accident and Emergency Department with a similar episode that required treatment with aciclovir. Since then he has been seen on two occasions with recurrence in the past year, but the attacks were more localised to his hands and external genitalia (fig 1).

Eczema herpeticum is classically a disseminated herpes simplex infection of the skin occurring in patients with pre-existing active dermatitis. The condition typically starts from minor transient disease to a fulminating fatal disorder involving the visceral organs. The severity appears to be unrelated to the extent of eczematous lesions. Active dermatitis is not necessary for the development of recurrent eczema herpeticum. Atopic dermatitis typically begins in early infancy, and individuals with this disease frequently develop other atopic manifestations later in life such as hay fever, allergic rhinitis, and bronchial asthma. Eczema herpeticum has also been associated with seborrhoeic dermatitis, neurodermatitis, Darier’s disease, pemphigus, mycosis fungoides, Wiskott–Aldrich disease, congenital ichthyosiform erythroderma, and second degree burns. The presentation in our patient is fairly typical, lesions appearing in crops initially as tiny vesicles passing through pustular and crusted phases associated with systemic symptoms. This condition is often misdiagnosed because the lesions are usually scratched and blistering is lost leaving raw punched out areas often with secondary infection. Diagnosis is based on patient history of atopic disease, presence of vesicular lesion, the striking tendency for the lesions to return to the same areas of the skin, and a positive result of viral culture for herpes simplex.

Eczema herpeticum is now being seen with increasing frequency in adults and herpes simplex infection should be considered in the differential diagnosis of vesicular skin lesions occurring in atopic patients.

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Accepted for publication 14 November 2000

Poolig urine samples for PCR screening of C trachomatis urogenital infection in women

EDITOR,—Selective or universal screening for Chlamydia trachomatis infections has been suggested by the World Health Organization as a primary prevention strategy.1 The improved sensitivity of the nucleic acid amplification assays for the detection of C trachomatis allows the use of urine samples, suitable for screening programmes. However, these commercial assays are expensive, which make them disadvantageous for this purpose.

Therefore, some authors have recently evaluated the accuracy and cost saving of different urine pooling strategies using polymerase chain reaction (PCR) and ligase chain reaction (LCR) tests for the screening for genital C trachomatis infections, reporting very encouraging results.2 As the pooling strategies need individual retesting of each component of a positive pool, in order to identify the positive samples the cost saving inherent to these strategies is not pool size dependent. For this reason, pooling may be particularly suitable when applied to low prevalence populations. On the other hand, a high number of urine samples per pool may yield a decreased sensitivity because of the dilution effect associated with pooling. Peeling et al and Kacena et al have put forward a mathematical formula to estimate the number of pools that are likely to be positive given a selected pool size and population disease prevalence.3 Thus, it is possible to estimate the reduction on the number of tests required for a pooling strategy compared with individual testing.

The objective of the study was to evaluate a pooling urine samples strategy for screening urogenital chlamydia infection by PCR testing. In all, 330 processed first catch urine samples (FCU) from women attending general practice clinics in Lisbon (from August 1999 to February 2000) were pooled by five into 66 pools. Pools and individual specimens were simultaneously tested using the Amplicor PCR test, according to the manufacturer’s
Table 1 Distribution of positive samples

<table>
<thead>
<tr>
<th>+&quot;*&quot; Pools</th>
<th>Equivocal</th>
<th>&quot;*&quot; Pools</th>
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<tr>
<td>(12)</td>
<td>(4)</td>
<td>(50)</td>
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</table>

*Confirmed as positive pools.

Emergence of high level ciprofloxacin resistant Neisseria gonorrhoeae strain in Buenos Aires, Argentina

Editor,—The surveillance programme of Neisseria gonorrhoeae (NG) antimicrobial susceptibility patterns was implemented in 1980 in the National Reference Centre for STI (NRC). Twenty-nine peripheral STI laboratories belonging to the National Network of Argentina, distributed throughout the country, routinely sent isolates to the NRC for typing, susceptibility testing, and plasmid characterisation. The NRC was incorporated into the WHO Gonococcal Antimicrobial Susceptibility Surveillance Network in 1993 and since then the methodology has been standardised.

From January 1993 to June 2000, the NRC determined the MICs of 1194 NG strains by the agar dilution method with the media, conditions, and controls as recommended by the NCCLS.1 Ciprofloxaxin range, MIC50 and MIC90, were 0.002–16, 0.004, and 0.016 µg/ml, respectively.

Only one NG strain, detected in 1996, showed a decrease susceptibility to ciprofloxacin. The isolate was submitted by a public hospital from Buenos Aires city. The strain was β-lactamase negative by nitrocefin discs and the MICs were penicillin 0.5 µg/ml, tetracycline 4 µg/ml, ciprofloxacin 0.125 µg/ml, spectinomycin 32 µg/ml, ceftriaxone 0.004 µg/ml, and azithromycin 0.25 µg/ml. The auxotype/serogroup class was proline requiring WII-III.

In May 2000 the first NG strain with high level quinolone resistance (QRNG) was isolated. This strain was isolated in a private medical centre in Buenos Aires city and was submitted to the NRC; no inhibition zone was observed with a 5 µg ciprofloxacin disc.

CASE REPORT

The patient was a heterosexual man, aged 34 years, married, not a drug user, and he hadn’t travelled abroad during the past year. However, he admitted to having had sexual intercourse with a commercial sex worker, 4 days before the onset of the symptoms. He presented with a purulent acute urethritis with dysuria and was treated with a parenteral dose of ceftriaxone 500 mg and a week’s course of doxycycline. The patient became asymptomatic 36 hours after the start of the treatment. Serological tests for VDRL, HIV, and hepatitis B and C were negative.

The strain was β-lactamase negative and exhibited high level ciprofloxacin resistance (MIC 16 µg/ml) and low level tetracycline resistance (MIC 4 µg/ml) and was susceptible to the other antibiotics assayed. The MICs were penicillin 1 µg/ml, spectinomycin 32 µg/ml, ceftriaxone 0.004 µg/ml, and azithromycin 0.25 µg/ml. Phenotyping demonstrated a proline requiring auxotype and a WII-III serotype.

Both NG strains mentioned above displayed the same phenotypic characteristics: MICs (except for ciprofloxacin), auxotype, and serogroup.

Pulse field gel electrophoresis (PFGE) was performed with NheI and SpeI. 1 There was no relation between the PFGE patterns of the two strains and neither showed genomic similarities to four other ciprofloxacin resistant NG isolates belonging to the auxotype/serogroup class Pro/WII-III isolated in Buenos Aires at the same time.

The epidemiological data and laboratory characterisation of this high level resistant strain suggest it might have a foreign origin.

According to the literature reviewed no QRNG strain with high level quinolone resistance was reported in Latin-American countries. We report here what we believe to be the first isolation of a strain with high level resistance to ciprofloxacin in Argentina. Owing to the large scale use of quinolones in our country, where antibiotic use is difficult to control, a substantial increase of QRNG might be expected in the near future. If dissemination occurs, current first line therapy, a single 500 mg dose of ciprofloxacin, should be reviewed.*

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Accepted for publication 14 November 2000

Dorsal perforation of prepuce due to locally erosive condylomata acuminata

Editor,—We recently reported five patients with sexually non-sexually transmitted ulcerative diseases complicated by perforation on the dorsal surface of the prepuce.1 We could find reports of only three similar cases in the indexed literature. During screening of our STD clinic files we found record of another patient with dorsal perforation of the prepuce; however, it was not due to genital ulcer disease, but to condylomata acuminata. This patient, a 22 year old man had unprotected sexual intercourse with a commercial sex worker about 6 months before reporting to our STD clinic in January 1994. About 1 month after sexual contact, he...
developed small papular lesions on the glans penis. Lesions enlarged rapidly and started eroding the undersurface of the prepuce. Finally, 3 months later, the prepuce was perforated. Examination revealed a large, circular defect on the dorsal aspect of the prepuce through which multiple papulonodular warty lesions were visible (fig 1). Warty lar defect on the dorsal aspect of the prepuce developed small papular lesions on the glans and syphilis were negative. Warty lesions showed features consistent with traditional culture methods. Microscopic examination of a wet mount vaginal specimen is easy to perform but only identifies 40–60% of infections in comparison with culture. The In-pouch culture system (Biomed Inc, San Jose, CA, USA) is reported to be equally sensitive yet more practical than traditional culture methods. If proved sensitive, culturing of urine from female patients for T vaginalis might prove useful in population based screening programmes, field investigations, or individual circumstances when a comparison with a self collected vaginal swab for culture of urine proved morbidity, including risk of HIV-1 transmission, makes simple accurate diagnosis important especially in at-risk populations. Microscopic examination of a wet mount vaginal specimen is easy to perform but only identifies 40–60% of infections in comparison with culture. The In-pouch culture system (Biomed Inc, San Jose, CA, USA) is reported to be equally sensitive yet more practical than traditional culture methods. If proved sensitive, culturing of urine from female patients for T vaginalis might prove useful in population based screening programmes, field investigations, or individual circumstances when a comparison with a self collected vaginal swab for culture of urine proved more sensitive for the identification of Trichomonas vaginalis in women.

In our earlier report all patients with dorsal preputial perforation had ulcerative lesions involving genitalia. Maite and Hay earlier reported a patient with genital warts treated with podophyllin, who presented later with perforation of the dorsal surface of prepuce. They considered it as delayed podophyllin damage. Our patient had not been treated before with podophyllin. The identical presentation in our and the reported patient suggests that warts themselves and not podophyllin are responsible for perforation. Condylomas particularly in immunocompromised individuals may attain a very large size and rarely become locally invasive and destructive. In our patient, however, condylomas were not very large and there was no evidence of immunosuppression. Our patient had condylomas all over the glans, but perforation took place only on the dorsum of the prepuce, confirming that this site is more susceptible to this complication. Incidentally, two more patients with perforation on the dorsal surface of the prepuce as a complication of chancreoid and genital herpes have been depicted in A colour atlas of AIDS in the tropics. Both patients were HIV seropositive. This suggests that this complication is not uncommon (though underestimated), more so in tropics. HIV infection by altering the course and severity of genital lesions of sexually transmitted diseases probably makes this complication more frequent. Out of the 10 patients reported, published, half were HIV seropositive.

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Table 1 Comparison of culture for T vaginalis from centrifuged urine and self collected vaginal swab in 675 women

<table>
<thead>
<tr>
<th>T vaginalis urine culture</th>
<th>Negative</th>
<th>Positive</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>T vaginalis self administered vaginal swab</td>
<td>552</td>
<td>2</td>
<td>554</td>
</tr>
<tr>
<td>Positive</td>
<td>100</td>
<td>21</td>
<td>121</td>
</tr>
<tr>
<td>Total</td>
<td>652</td>
<td>23</td>
<td>675</td>
</tr>
</tbody>
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Kappa = 0.256

insensitive for identification of trichomonads in women. Since only 5–10 organisms in a sample are necessary for a positive culture, these findings were unexpected. We cannot fully explain why culture of urine for T vaginalis in women proved so poor. Because of contamination of the external genitalia with vaginal fluid, a first void urine specimen might have proved a better sample.

Supported by the United States Agency for International Development, Family Health International and a grant from the National Institutes of Health (AI111438). Biomed Inc donated the In-pouch for this investigation. Authors: OMA helped design and oversee the study, assisted with analysis of the data, and drafted the manuscript; CRC designed the study protocol, analysed the data, and supervised preparation of the manuscript; DK assisted with the design and supervision of the study, and assisted with manuscript preparation; JO performed the laboratory aspects of the study, and was co-investigator of the parent study and assisted with manuscript preparation; MK assisted with the design and supervision of the study, and assisted with manuscript preparation; PF was the principal investigator of the parent study, and assisted with manuscript preparation; MW was a co-investigator of the parent study, and assisted in manuscript preparation; JJB oversaw the laboratory aspects of the study, was co-principal investigator of the parent study, and assisted with manuscript preparation; OMARI A MOHAMED Department of Medical Microbiology, University of Nairobi, Nairobi, Kenya and Family Health International, Nairobi, Kenya

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BOOK REVIEWS


It is 6 years since the first edition of this book and the expansion in knowledge about lower genital tract precancer is reflected in the addition of an assistant and a contributing author, as well as an increase in the number of pages (from 254 in the first edition to 323 in the present one). This is an understatement—and any report- ed conclusions about STIs among women who have sex with women generally.

The extra input and space has been used to maximal effect with the book losing none of its attractions of appearance, content, and even texture by its use of high quality paper. The addition of a chapter on the role of human papilloma virus in lower genital tract neoplasia makes the book more rounded. This chapter is comprehensive as well as excellently presented and very up to date. I appreciated the section on the role of oncogenic HPV detection in the prevention of lower genital tract precancer, although this naturally concerned GIN rather than VIN or VaIN.

I would have preferred chapter 5 (Cytology and screening for cervical precancer) to follow chapter 2 (HPV in the pathogenesis of lower genital tract neoplasia) and then the more practical aspects of colposcopy itself would not be introduced too late. This is a small criticism of an otherwise comprehensive and logical content.

The chapter on the management of cervical precancer is a delight to read and see, with the section devoted to HIV positive women reflecting most shades of reliable opinion in this developing field. HIV is again included in the chapter on VIN.

GU colposcopy will be particularly interested in the final chapters on infective conditions causing confusion in diagnosis of lower genital tract precancer. It is easy to quibble with some of the statements of manage- ment of the infections noted (cervical warts do not even merit a mention of treatment) but that is not the remit of the book.

The illustrations are generous throughout and the line drawings are used to very good effect. The overspillous book critic might mention the data left on some colposcopic photographs, the venerable laser machine showed on page 171 and whether the specu- lum is correctly placed on page 36, but not me. This is a “must buy.” It’s a big book (in size, content, and price) which should form the nucleus of the colposcopist’s library.


Considering we inquire about or promote the use of condoms with each and every patient we see in GU/HIV clinics, it’s extraordinary how little we know about them. “Penis protectors” have come a long way since they were used in battle, caust to size, and made from goat bladder, although “natural” con- doms can still be obtained today from the ceca of New Zealand lambs. Thanks to Charles Goodyear, the birth control move- ment, and the HIV epidemic the condom has enjoyed a renaissance and with more strin-
The field of sexual health.

should continue unabated. I would highly

CD-ROM REVIEW

Topics in International Health: HIV/AIDS. £30 for individuals, £20 or £45 for institutions in developing countries, and £120 for “first world” institutions, post inclusive with a 30 day money back guarantee. CD-Roms are not Apple Mac compatible. Oxon: CABI Publishing, 2000.

So the clinic’s not going well—you’ve too many patients and four students have all rolled up at once. Trouble is, they were all very nervous and the students were very keen to do the examinations. I would highly recommend this book to anyone working in the field of sexual health.

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NOTICES

International Herpes Alliance and International Herpes Management Forum

The International Herpes Alliance has introduced a website (www.herpesalliance.org) from which can be downloaded patient information leaflets. Its sister organisation the International Herpes Management Forum (website: www.IHMFM.org) has launched new guidelines on the management of herpesvirus infections in pregnancy by the 9th International Congress on Infectious Disease (ICID) in Buenos Aires.

Pan-American Health Organization, regional office of the World Health Organization

A catalogue of publications is available online (www.paho.org). The monthly journal of PAHO, the Pan American Journal of Public Health, is also available (subscriptions: pubsvc@sp.psp.sheridan.com).

International Symposium on Disorders of the Prostate, 21–23 March 2001, Castres, France

Further details: Dr Mike Briley, Scientific Director, Pierre Fabre Medicament, Parc Industriel de la Chartreuse, F-81106 Castres Cedex, France (tel: +33 563 714 501; fax: +33 563 725; email: briley@pierre-fabre.imagenet.fr).

Call for papers—6th European Forum on Quality Improvement in Health Care, 29–31 March 2001, Bologna, Italy

Further details: BMA/BMJ Conference Unit, BMA House, Tavistock Square, London WC1H 9JP, UK (tel: +44 (0) 20 7383 6409; fax: +44 (0) 20 7383 6869; email: quality@bma.org.uk; website: www.quality.bmj.com).

Joachim Kuhlmann AIDS award 2001

The Joachim Kuhlmann AIDS Foundation, Essen, Germany, is awarding the above mentioned prize to investigators in the field of clinical and scientific HIV work. The prize is valued at 50000 DM.

Submissions should contain seven copies of the paper and should be sent to: Joachim Kuhlmann AIDS Foundation, Bielmarckstrasse 55, 45128 Essen, Germany.

Each of the submitted papers should contain a running title and may not indicate the names of the authors. An additional envelope should contain the running title on the outside and information in the inside as follows: first name, last name, date of birth, address, professional position, as well as the running title and the complete title of the submitted paper.


Further details: ECEAR 2001 Conference Secretary, Division of Retrovirology, NIBSC, Blanchane Lane, South Mimms, Potters Bar, Herts, EN6 3QG, UK.

International Congress of Sexually Transmitted Infections, 24–27 June 2001, Berlin, Germany

Further details: Congress Partner GmbH, Krausenstrasse 63, D-10117, Berlin, Germany (tel: +49-30-204 500 41; fax: +49-30-204 500 42; email: berlin@cpb.de).

10th International Congress on Behcet’s Disease will be held in Berlin 27–29 June 2002

Further details: Professor Ch Zouboulis (email: zoubbere@zedat.fu-berlin.de).

20th World Congress of Dermatology, Paris, 1–5 July 2002

Further details: P. Fournier, Colloquium, 12 rue de la Croix St Faustin, 75011 Paris, France (tel: +33 1 44 64 15 15; fax: +33 1 44 64 15 16; email: p.fournier@colloquium.fr; website: www.derm-wcd-2002.com).