LETTERS

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Resurgence of syphilis in England

In their commentary on the resurgence of syphilis in England, Fenton et al cover issues surrounding controlling outbreaks of syphilis, quoting parallels in the United States, and identify the need for simple treatment, preferably with a single dose regimen. Two important differences between the two countries in management strategy that could be relevant to the current UK situation are, however, not discussed. Firstly, variation in penicillin treatment regimen: in the United States single dose benzathine penicillin is recommended for primary, secondary, and early latent syphilis, whereas in the United Kingdom, 10 days of procaine penicillin is the preferred regimen except when compliance is likely to be a problem. Secondly, epidemiological treatment of sexual contacts is a policy pursued actively in the United States but not in the United Kingdom.

These differences have evolved as responses to the epidemiological patterns of syphilis in the two countries. In the United States outbreaks of syphilis are well recognised whereas in the United Kingdom they are a relatively new phenomenon. Given the success in managing outbreaks in the United States it might be relevant to review proved aspects of syphilis management using single dose benzathine penicillin, as in the United States, that could be applied in the United Kingdom. Adopting this treatment regimen would also open the way for other effective treatment strategies such as selective mass treatment and epidemiological therapy in high prevalence populations. The issue of compliance with protracted regimens of procaine penicillin, a problem that takes up considerable time of genitourinary medicine clinic staff, would also be solved. Although concerns about using a single dose of benzathine penicillin in HIV positive subjects with advanced immunosuppression have been raised, possible treatment failures are still at the case report stage. Furthermore, there are no documented treatment failures in Africa where the prevalence of syphilis and HIV is the highest. World Health Organization currently recommends that HIV infected patients with early syphilis are treated no differently from non-HIV infected patients and recommends single dose therapy.3

In trying to identify new interventions to improve STI control for limiting the spread of HIV, the basic principles of STI control are, if anything, more relevant today compared with the past. Although the issues and arguments raised here have been discussed in depth previously,7 they bear repeating in the light of the recent increase in syphilis in the United Kingdom.

N O’Farrell
Ealing Hospital, Paster Suite Infection and Immunity Unit, Genito-Urinary Medicine, Uxbridge Road, Southall, UK

References


Vulvovaginitis due to fluconazole resistant Candida albicans following self treatment with non-prescribed triazoles

Resistance of *Candida albicans* to triazoles is uncommon with short term treatment but has been increasingly reported in immuno-compromised patients, including those with HIV infection who are receiving long term systemic or maintenance therapy. Vaginal triazole resistant *C albicans* isolates are extremely rare in non-immunocompromised HIV seronegative women.1 To our knowledge, only a single case has been reported to date.2

As over the counter oral triazole antifungals are now widely available there is potential for drug resistance to increase. We report another case of vulvovaginitis due to triazole resistant *C albicans* in an otherwise healthy woman. The patient was a 28 year old woman who presented with symptoms of vulval pruritis and profuse vaginal discharge for six months. She was not taking regular medication but had used clotrimazole and fluconazole several times in the preceding months for clinical improvement. On examination, the vulva looked healthy but the vagina was erythematous and white plaques were noted. The cervix appeared normal and bimanual pelvic examination was unremarkable. The patient declined HIV serology but was fit and well with no stigma of HIV infection and no risk factors.

Microscopic examination of vaginal secretions did not reveal any yeast blastospores or pseudohyphae, nor any clue cells or trichomonads. However, *C albicans* was isolated on culture. In view of the documented history of lack of response to appropriate antifungal treatment, the patient was treated with nystatin pessaries daily for two weeks, while antifungal sensitivity tests were being performed. The patient returned to clinic two weeks later and reported only slight improvement in her symptoms despite using vaginal nystatin as prescribed. Unfortunately, the sensitivity test results were not available at this time and the patient subsequently failed to attend the clinic.

L Dorrell, A Edwards
Harrison Department, Radcliffe Infirmary, Oxford
OX2 6HE

Correspondence to: Dr A Edwards; anne.edwards@orh.nhs.uk

References


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Will the legalisation of street sex work improve health?

The legalisation and regulation of street sex work in Victoria, Australia, is likely to improve the health of street sex workers and their clients.

In Victoria, street sex work is illegal. In comparison, brothel and escort agency sex work is legal, and these individuals are required by law to have monthly certification of STI screening. Any incident infections are detected early and treated so that the prevalence of STIs is low. There is no such requirement for street sex workers, who have lower rates of STI screening and high rates of STIs. Following an acceptability and feasibility study, funding was secured for the Inner South Community Health Service Youth Health Bus to offer STI screening using self-administered samples to street sex workers. Female workers provided a tampon sample and male and transsexual workers a first passed urine sample. These samples were then tested by polymerase chain reaction (PCR) for Chlamydia trachomatis, Neisseria gonorrhoeae, and Trichomonas vaginalis. The Youth Health Bus provides support and condoms to street sex workers several evenings a week in St Kilda, Melbourne’s street sex worker precinct. They have been offering self-collected samples for testing since mid-1999.

Over a 2 year period 102 samples were collected yielding 15 positive results (14.7%, 95% CI: 7.8% to 21.6%). This group included 81 females, 20 males, and one transsexual individual, with a mean age of 24 years (range 16–43). C. trachomatis was identified in seven sex workers, T. vaginalis in seven, and N. gonorrhoeae in one. These high prevalences of STIs are compared with the low prevalences in brothel sex workers attending Melbourne Sexual Health Centre in the corresponding time (table 1 above). These street sex workers were also not having regular STI screens, with only eight (7.9%) of the 102 individuals reporting an STI screen in the preceding month, and 12 (11.8%) who had never had one.

The legalisation of street sex work would allow it to be regulated and hence make regular STI screening a legal requirement. Recently, a 2 year trial of designated areas for street sex work in Melbourne has been recommended. These recommendations would protect the health of street sex workers and their clients, in addition to the targeted intervention described here. Further research is needed into the best health promotion model for street sex workers.

<table>
<thead>
<tr>
<th>Table 1</th>
<th>Comparison of STI prevalences</th>
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<tr>
<td>Street sex workers (n=102)</td>
<td>Brothel sex workers (n=1664)</td>
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<td>*Prevalence for the difference in the proportion of street sex workers and brothel sex workers with each infection.</td>
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<table>
<thead>
<tr>
<th>Chlamydia trachomatis</th>
<th>Neisseria gonorrhoeae</th>
<th>Trichomonas vaginalis</th>
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<tbody>
<tr>
<td>95% CI</td>
<td>95% CI</td>
<td>95% CI</td>
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<tr>
<td>7 (6.8%)</td>
<td>1 (0.98%)</td>
<td>7 (6.86%)</td>
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<td>2.8 to 13.6</td>
<td>0.031 to 5.34</td>
<td>2.8 to 13.6</td>
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<td>1.92 to 3.53</td>
<td>0.37 to 1.25</td>
<td>0.067 to 0.62</td>
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<td>0.001</td>
<td>0.76</td>
<td>&lt;0.001</td>
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**References**


Accepted for publication 5 April 2002.

**Adult and paediatric contact immunotherapy with squaric acid dibutyl ester (SADBE) for recurrent, multiple, resistant, mucocutaneous anogenital warts**

Treatment of recurrent anogenital warts is often troublesome, because, among the various treatment modalities currently available, few are uniformly effective or virucidal. Currently, topical immunotherapy with squaric acid dibutyl ester (SADBE) represents an effective treatment in the management of multiple plantar and common warts (table 1 below). In the genital area the use of SADBE has some limitations, as it may be associated with a significant degree of irritation that produces considerable discomfort to the patient. Based on studies showing excellent results (87% of patients with complete resolution) achieved by some authors in treating condylomata acuminata of the endocervix with applications of 5-dinitrochlorobenzene (DNCB), a substance similar to SADBE, utilising remote anatomical site applications to the skin of the arm, and our personal observation of spontaneous regression for untreated warts during contact immunotherapy with SADBE for alopecia areata, we decided to compare the results of treatment of genital warts with SADBE to that of DNCB.

<table>
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<tr>
<th>Table 1</th>
<th>Treatment of anogenital warts with SADBE: patient data</th>
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<tr>
<td>Patient No</td>
<td>Sex</td>
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obtained in the management of multiple and resistant anogenital warts by applying SADBE directly to the lesions with those obtained by applying it to remote unaffected areas.

From June to December 1999, nine patients, seven adults (mean age 32 years) and two children (mean age 10.5 years), were treated. Following sensitisation by topical application of 3% SADBE in acetone directly to the skin of the pubic region in adults and to the back of the hands in children, serial dilutions (0.0003% to 3%) were tested 2 weeks later on the same skin area in order to evaluate the minimal concentration capable of eliciting an eczematous reaction. Subsequently, the application of the compound was performed in the clinic by trained staff twice a week. SADBE application varied by age of patients and anatomical site of lesion. In children, SADBE was applied to the dorsal left hand; in adults it was directly applied to lesions located on skin, or to the pubic area when lesions were located on mucosa. If an eczematous reaction was not elicited after 1 week, an incrementally higher concentration was applied. If a strong reaction ensued, the treatment was discontinued for 3–6 days and an incrementally lower concentration was used at the following visit.

A total of eight patients completed the therapy, showing complete resolution after a mean of 16 weeks of treatment, with variable concentrations of SADBE ranging from 0.0003% to 0.3% (table 1). Local side effects (erythema, desquamation, cutaneous oedema, pruritus, burning, and pain) were generally mild and well tolerated. No relapses occurred during a 12 month follow up.

Clinical resolution and length of treatment in patients treated by applications to remote areas was comparable with those in which SADBE was applied directly to lesions. These results not only substantiate the efficacy and safety of topical SADBE in the treatment of multiple recurrent/recalcitrant anogenital warts, but also indicate a possible systemic effect of contact immunotherapy, suggesting that the mechanism of action of SADBE could be more than a non-specific inflammatory reaction or a local cell mediated process triggered by a non-antigen antigenic immune stimulus.

F Dall’Oglio, M R Nasco, O D’Agata, G Micali
Dermatology Clinic, University of Catania, Italy

Correspondence to: Giuseppe Micali, MD, Clinica Dermatologica, Università di Catania, Piazza S Agata La Vetere, 6, 95124 - Catania, Italy; cderrmatic@dimtel.inti.it

References

Accepted for publication 19 April 2002

Recreational drug use by GUM clinic attendees

Recreational drug use (RDU) is widespread in the United Kingdom.1 Studies have suggested that RDU is associated with an increased risk of STI or blood borne virus (BBV) acquisition.2

A search of Medline 1966–2000 found no studies looking at the prevalence of RDU in UK genitourinary medicine (GUM) clinics. Therefore this study aimed to estimate the prevalence of RDU by attendees of the Plymouth GUM clinic and to see if the diagnosis of an STI is more common in illicit drug users.

The local research ethics committee approved the study. New patients attending the clinic between August and November 2000 completed a questionnaire which listed a number of drugs and asked about frequency of consumption and injecting drug use. Respondents were asked for their clinic number so that test results could be compared to drug use.

The completion rate was 76% (259/339). The mean age of respondents was 26 years (range 15–54) and 58% were women.

Lifetime illicit RDU was reported by 64% (166/259, confidence interval (CI) 5.8 with 28% (72/259, CI 5.5) reporting use within the past month. Of 16–24 year olds, 66% (87/132, CI 8.1) reported recent use. There was no significant difference in use between men and women (66% v 62%). Figure 1 shows the proportion of clinic attendees who reported taking each drug.

Two people, 0.77% (2/259, CI 0 to 1.87) of respondents, reported injecting drug use. Most people, 64% (165/259), supplied their name and 32% (52/165) were diagnosed with an STI. Men were more likely to be diagnosed as having an STI (OR 2.72, CI 1.40 to 5.28). The diagnosis of an STI was independent of units of alcohol drunk in the preceding month (OR 1.07, CI 0.78 to 1.46) and the use of illicit drugs whether in lifetime (OR 0.82, CI 0.43 to 1.60) or in the past month (OR 1.51, CI 0.71 to 3.20). Subjects who gave their number were less likely to take illicit drugs (OR 0.44, CI 0.25 to 0.77).

This survey has revealed a high prevalence of recreational drug use by attendees at a GUM clinic. Comparing the data with the 2000 British Crime Survey (BCS) shows that the proportion of clinic 16–24 year olds who admitted to illicit drug use within the past month is greater than the same age group surveyed in the BCS (OR 2.32 CI 1.39 to 3.37). Likewise, lifetime use was more common (OR 1.86, CI 1.29 to 2.69).

There is a low prevalence of injecting drug use; this might be due to under-reporting. An alternative explanation is that this high risk group is not accessing the clinic. If this is the case it would support moves to set up an outreach clinic.

This study found that the diagnosis of an STI is independent of RDU. This might be because RDU is so common that it is no longer a useful discriminator; alternatively, a larger sample size might have found evidence of an association.

In conclusion, although RDU is common, injecting drug use appears to be rare in this group. The findings of this survey have implications for service provision.

Acknowledgement
I thank Steven Skow for his criticism of the manuscript.

Conflict of interest: none.

S D K Baguley
Department of Genitourinary Medicine, Derriford Hospital, Plymouth, UK

Correspondence to: Genitourinary Medicine Department, Bristol Royal Infirmary, Bristol, UK; stevebaguley@derriford.com

References

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Figure 1 Proportion of respondents reporting use of each drug. Error bars show 95% confidence interval.

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Although the recent legal changes to the “R18” category have contributed to the growth of the adult entertainment industry in the United Kingdom, the industry still lacks a coherent infrastructure. Production budgets are low and there are no working contracts for performers. This means that earnings and average employment periods for performers in the United Kingdom are lower compared with the United States. The lack of infrastructure in the adult entertainment industry in the United Kingdom is reflected in the poorly developed health and safety measures for performers. Previous research by one of us has found that, in contrast with the United States, where the industry standard requires performers to have a new HIV test every 30 days and to present their certificate on every job they are hired to do, the majority of performers in the United Kingdom have an HIV test every 6 months. Very few performers have regular STI screenings. This work has also highlighted the discrepancies between NHS sexual health clinics in their practices of issuing HIV certificates, and show that most performers in the United Kingdom prefer to use private clinics for this service. This also raises the governance issue of the need to ensure accuracy of identification in issuing these certificates in order to avoid any fraudulent HIV negative certificates.

We have now developed a collaborative project, based on the original research by LG into the health issues in the adult entertainment industry. The HIV/GUM Directorate of the Chelsea and Westminster Hospital are conducting a pilot survey of the detailed sexual health of adult performers in order to define their risk of sexually transmitted infections in the workplace and to ensure that they are aware of their sexual health issues. Clearly the availability of condoms and HIV negative certification is an important issue for the strategic planning of sexual health services which data from our survey should inform.

Contributors
LG conducted the original research and wrote this letter and SIB is primary investigator.

L Gabrielsen independent consultant researcher
S E Barton

References

ABC of AIDS. 5th ed.


Writing a good textbook on HIV infection is very difficult. Large textbooks that attempt to be comprehensive face the problem that, in what is now such a vast and rapidly moving field, they are out of date by the time they are published. Smaller textbooks on the other hand have to decide what to leave out. This book is clearly aimed as an introduction to the subject for people with much experience of HIV. Although not attempting in any way to be comprehensive, it is often remarkably detailed despite its brevity. I think that it is much the best of its type and very cheap and unlike other books, as it is so concise is likely to be read by those who buy it.

The best chapter is also the longest, on “Treatment of infections and antiretroviral therapy” (what else is there left?), which forms the core of the book. There are also two very readable chapters written by patients. If read together these three chapters make clear the profound changes that combination antiretroviral therapy has produced since 1996, in a way that some other chapters curiously do not. The chapter on gastrointestinal manifestations, for example, has not been revised significantly in this edition to reflect the impact of HAART.

The book has some shortcomings. There is little mention of the issue of late presentation of disease, which is a particular problem in the United Kingdom especially among those with heterosexual acquired infection; the sections on counselling and epidemiology fail to reflect this. The massive problem of co-infection with hepatitis C is touched on only briefly in two chapters. There is no separate section on women with HIV infection (although mother to child transmission is well covered in the paediatric section). While the colour illustrations are generally excellent, the reproductions of chest x rays are not so good, and the same mangled slide of a patient with pulmonary lymphoma found in earlier editions of the book is reproduced unchanged in this one. Finally, post-exposure prophylaxis is poorly dealt with, which is a shame as this is a topical issue. A major interest to the general reader who has just pricked his or her finger with a bloodstained needle.

However, despite these qualifications, this really is a very good book. I hope the sixth edition is even better.

Duncan Churchill
Consultant physician, Lawson Unit, Royal Sussex County Hospital, Eastern Road, Brighton BN2 5BE, UK
Human papillomaviruses.
Clinical and Scientific Advances.


Most of us have had an encounter with warts at some time in our lives. We try to freeze, poison, or corrode them, occasionally resorting to surgery, laser vaporisation and, latterly, immunotherapy. Our modest success at treatment only underscores the general public’s perception that warts are a common but incurable nuisance. All this trouble from a family of viruses with a host range that spans the animal kingdom and an astonishing spectrum of disease manifestations. The development and subsequent exploitation of increasingly sophisticated molecular techniques over the past 30 years have led to a rapid increase in the understanding of the biology of papillomaviruses, especially human papillomaviruses (HPVs). Much of this effort has focused on the propensity of certain HPV types to contribute to malignant transformation and, increasingly, on the potential for developing more effective therapies, including vaccines to prevent HPV associated cancers.

Jane Sterling and Stephen Tyring have managed to assemble a panel of clinical and scientific experts working on HPV and have produced a highly readable and concise account of the recent advances in our understanding of this fascinating infection. The chapters are laid out logically in three main parts—Molecular and Cellular Aspects, Diseases and Infections, and Future Prospects: treatment and basic research. The book is beautifully illustrated throughout, providing greater clarity in explaining complex molecular mechanisms as well as good clinical examples of the different types of HPV related diseases. Some overlap in coverage is inevitable in a multiauthor textbook but this does not detract from the consistently high quality of the finished product.

This book is ideal for both junior and senior staff who need to acquire some knowledge of the mechanisms and spectrum of HPV disease. The scientific reviews should prove useful to those sitting for postgraduate examinations and other (mischievous) purposes. Those of you who may have grown rather neurodystrophic from the HIV arrivers’ staff room chants of Intention to Treat, BLQ (I was always under the impression they were talking about bacon, lettuce, and tomato sandwiches), CYP3A4 inhibition, and K103N at every available opportunity will welcome this slim, lean textbook. A sharp riposte on the lines of, “that’s all very well, but did you know that the HPV 16 and 18 E7, like E1A and SV40 large T bind to the family of cellular proteins which include pRB, p107, and p130 and that the latter two complex with regulators of the cell cycle including members of the E2F family, cyclin A, and cyclin E, and participate in the regulation of both G1 and G2 cell cycle blocks . . . ?” [p 26] should be sufficient to keep their overblown egos in check, albeit temporarily.

Richard Lau
St George’s Hospital, London, UK

Understanding thrush, cystitis and women’s genital symptoms.


This book certainly compares favourably with some of the offerings available in our local pharmacies and health food shops. Overall, it gives a concise summary of female genital infective problems and physiology in clear and accessible language. This is supplemented by a series of clear illustrations, case discussions, and summary boxes. As well as the general public, medical students and nurses might find this a useful and informative book.

While there were no major reservations about the book the title did seem a little misleading. Although “thrush” is covered well and sensibly it is only a relatively minor part of this book. Maybe it should have been called “women’s genital symptoms—including thrush, cystitis, and other infections.” Also it is not really relevant to perimenopausal and postmenopausal women and this isn’t made clear in the introduction. The only real shortcoming was that painful sex was given too little space and although vulvodynia is mentioned and indexed there is no mention of the vulval vestibulitis syndrome despite this being commonly misdiagnosed as “problem thrush.”

A good little book for the pharmacy bookshelf and to recommend to patients.

David J White, An Vanhuyne
Hawthorn House, Heartlands Hospital, Birmingham B9 5SS

NOTICES

International Herpes Alliance and International Herpes Management Forum

The International Herpes Alliance has introduced a website (www.herpesalliance.org) from which can be downloaded patient information leaflets. Its sister organisation the International Herpes Management Forum (website: www.IHMF.org) has launched new guidelines on the management of herpesvirus infections in pregnancy at the 9th International Congress on Infectious Disease (ICID) in Buenos Aires.

Pan-American Health Organization, regional office of the World Health Organization

A catalogue of publications is available online (www.paho.org). The monthly journal of PAHO, the Pan American Journal of Public Health, is also available (subscriptions: pubsvc@tsp.sheridan.com).

18th Congress on Sexually Transmitted Infections
IUSTI-Europe 2002

Chair of the Congress, Director of the European Branch of IUSTI: Angelika Starý, MD (Austria)
Further details: Angelika Starý, c/o Administration and Scientific Secretariat, Vienna Academy of Postgraduate Medical Education and Research, Alser Strasse 4, A-1090 Vienna, Austria (tel: (+43 1) 405 13 83 13; fax: (+43 1) 407 82 74; email: iusti2002@medacad.org; website: www.iusti-europe-2002.org).

26th National Conference of the Indian Association for the Study of Sexually Transmitted Diseases & AIDS

18–20 October 2002, All India Institute of Medical Sciences, New Delhi, India
The last date for submission of abstracts for free papers is 1 September 2002. The registration fees for foreign delegates is $50 (SAARC countries) and $100 (other countries).
Further details: Indian Association for the Study of Sexually Transmitted Diseases & AIDS (fax: (0)91 011 686 2663; email: iastid2002@iify.com).