Results At baseline, 150 (46.4%) in group B reported condom use at their last sex act compared to 174 (59.0%) in group A (p = 0.002). Reported consistent condom use at last sex act was significantly higher in group A compared to group B (53.3% vs. 46.7%, p = 0.01). HIV+ status awareness did not predict condom use over time [odds ratio (OR):1.2; 95% confidence interval (CI): 1.9–1.5; p = 0.15].

Male patients were more likely to use condoms at last sex act (OR: 2.7; 95% CI: 2.2–3.43; p < 0.01). Older patients (OR: 0.8; 95% CI: 0.7–0.8; p < 0.01), being never married (OR: 0.7; 95% CI: 0.5–0.9; p = 0.01); divorced (OR: 0.5; 95% CI: 0.3–0.9; p = 0.01); and under the influence of alcohol during their last sex act (OR: 0.3; 95% CI: 0.2–0.4; p < 0.001) were less likely to use condoms at their last sex act.

Conclusion Knowledge of HIV+ status is significantly associated with consistent condom use. Age, gender, marital status and alcohol consumption are significant predictors of condom use during last sex act.

Study methodology This retrospective and cross-sectional study was conducted in July 2012 and reviewed project information from 2001 to 2009. The combined study design was intended to facilitate a more in-depth analysis of issues, taking into consideration the perspective of project key stakeholders. Both quantitative and qualitative data was generated with descriptive analysis methods and thematic analysis being used, respectively.

Outcomes The study observed a steady increase in service uptake for VCT from a monthly average of 51 in 2001 to 96 in 2009, representing an 88.2% increase, with proportion of HIV positive Sex workers declining from 16% in 2001 to 8% in 2009. Use of family planning methods and treatment of STI and opportunistic infections accessed through the project facility increased from 26% to 40%. Qualitative data confirmed improved negotiation for safer sex and use of male condoms during the project period 2001 to 2009.

Free vocational skills training to sex workers were in great demand and it created opportunities for alternative income. However, lack of start-up capital limited the number of trained Sex workers who could quit the sex trade.

Recommendation Need to strengthen institutional and financial sustainability to match the increasing demand for SRH services and vocational skills training for sex workers. This may be through formation of partnerships and mainstreaming project activities into ongoing health programmes.

Background Young people, especially teenagers, between 12 and 19 years are very vulnerable and very susceptible to different kinds of behaviours, most of which are risky and destructive in nature thereby hazardous their lives. Some of them are their engagement in unprotected sex, illicit drugs taking, smoking, alcoholism etc. risky behaviours make them vulnerable HIV and STI. From previous experience, more young people are getting infected which makes the study imperative.

Methods 5 high schools were selected from Ojo Local Government Area of Lagos State, South-Western Nigeria. Official permissions were sought and obtained from the schools to allow students to participate. 50 samples from each school. Samples for study were randomly selected. Descriptive and inferential statistics were used to analyse the collected data.

Results The findings of the study revealed that a significant number of these young people who have had sex and/or are sexually active were introduced into the act by friends and peers. Their chief motivating factor is desire for peer acceptance. The abusers are so because family, religious beliefs and personal convictions because of their goals which they felt sexual involvement was a distraction. These were the ones with high self-esteem. They were assertive in their relationships and declared boundary lines.

Conclusion Despite awareness and sensitization going on, we discover that young people still engage in risky behaviours which make them prone to STIs and HIV infections. There is therefore a need for advocacy for life skills building for young people that will enable them to effectively manage relationships. This will be in form of assertiveness and self-esteem building in them.

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