'GAY FRIENDLY GP ONLINE TRAINING: STRENGTHENING CAPACITY OF PRIMARY CARE IN WORKING WITH GAY MEN AND MEN WHO HAVE SEX WITH MEN PATIENTS'

Introduction Sexually transmissible infections (STIs) including HIV remain a significant public health issue for gay men and men who have sex with men (MSM). General Practitioners (GPs) play an essential role in STI testing and management with over 50% of testing in NSW occurring within general practice settings. In 2014 the Sydney Gay Friendly GP list was updated by the STIs in Gay Men Action Group and through this process, it was identified that some GPs needed further training.

Methods A literature review was conducted mid-2014 which identified online learning as an effective modality for providing GPs with MSM relevant training. An expert committee was established including GP and community representatives to provide input and guide the development of the online learning module (OLM). Key issues around primary care experiences of MSM were identified and a 60 min self-paced OLM was developed. The interactive OLM aims to increase the competence and confidence of GPs and other health professionals in identifying and addressing issues related to sexual health and wellbeing relevant to MSM.

Results The OLM consists of three modules; towards a better understanding of gay men and MSM, discussing sexual history and testing for STIs, and issues facing this population group. As a result, many of these men feel isolated, especially from the mainstream youth-centric gay culture. Internalised prejudice can also prevent them from befriending other gay men, seeking support and education. All of these can have a detrimental effect on their well-being.

Introduction Anthropologists use qualitative methods to elicit cultural frameworks which structure patterns of behaviour and social organisation. These resultant “emic” models offer a window on the world of meaning for social actors in their engagement with others. We employed ethnographic approaches to investigate how men who have sex with men (MSM) identify potential sex partners, determine partner risk profiles, and adopt specific seroadaptive behaviours and strategies to minimise risk of STI/HIV transmission.

Methods Sexually-active MSM in St. Louis, MO USA were recruited from online advertisements on a variety of social networking sites, as well as flyers posted at bars, clubs, and other venues. Participants completed extended, in-depth qualitative interviews about sex partner selection, sexual practices, and seroadaptive approaches for STI/HIV prevention, including knowledge and use of pre-exposure prophylaxis (PrEP).

Results As of 13 March 2015, 11 subjects were enrolled in the study, with median age 30 (IQR 27 – 33). Participants reported increasingly nuanced categories of partner risk perception, including “HIV-negative plus PrEP,” “HIV-negative,” “HIV-positive, undetectable,” “HIV-positive, detectable,” “HIV-positive, unknown viral load” and “HIV-unknown.” Serosorting was observed. Seropositioning was universal for HIV prevention – subjects reporting active engagement to minimise risk of HIV transmission (but not syphilis or other STIs) to negative or status-unknown partners. Knowledge of PrEP was variable. Emic conceptions of risk invoked existential models of concern for self and others. Adoption and performance of specific behaviours validated and confirmed perceptions of benevolence toward self and others.

Conclusion HIV prevention was highly valued and actively sought by sexually-active MSM. Risk conceptions were mediated through complex understandings of partner risk profiles, and performance of seroadaptive behaviours served to validate perceptions of well-being and benevolence. The need for syphilis prevention was under-appreciated. These findings have implications for improving STI/HIV prevention approaches among MSM.

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support and education relating to sexuality and sexual health. Feedback from Momentum participants for the period of February 2014 to April 2015 are collected and analysed. 

Results Participants expressed heightened knowledge of their sexuality after attending the workshop. The workshop also provided them with an educational environment relating to sexual health. Additionally, many stated the social benefit of the workshop, as they formed friendships that expand their social support network. Many participants felt supported and connected to the gay community, indicating positive benefits gained from attending the workshop.

Conclusion The needs of gay men who came out later in life must be recognised to assist them overcoming homophobia, construct a supportive social network, and provide sexual health education relevant to their lived experiences to improve their well being.

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