Results Yong adults who were abstinent said they were making this choice because they treasured virginity; and wanted to stay STD-free and avoid pregnancies. There were drawbacks, particularly for women who said that their boyfriends may leave if they did not have sex. Peer pressure and feeling excluded from those who were having sex were also disadvantages.

Ugandan young adults talked about the cultural norm of having multiple partners, both for financial gain and social status. Using condoms was universally noted as the right thing to do. At the same time, sexually active youth voiced several barriers to condom use, including: being allergic to rubber, fear of getting cancer with frequent use, and embarrassment. When asked about how confident they were in negotiating condoms, sexually experienced women voiced a range or responses from ‘I can’t at all’ to ‘sometimes’ to ‘always’. Refusing sex was possible: If a woman did not want to have sex, respondents said she could blame it on her period and if a man did not want to have sex, he could say he was ‘tired’. That said, all agreed that the refusal of sex in a relationship could be met with consequences (e.g., distrust by one’s partner, an end to the relationship).

Conclusion Several important challenges that Ugandan young adults face in making healthy sexual decisions were voiced. These issues need to be directly addressed in HIV prevention programs tailored to this age group.

P4.68 INTERNALISED OF HIV-RELATED STIGMA AND ASSOCIATED FACTORS AMONG HIV-INFECTED ADULTS RECEIVING CARE

Introduction Internalisation of HIV-related stigma may affect a person’s disease management and his/her accessibility to services. However, little is known about HIV-related stigma and its associated factors in patients with HIV. We aimed to examine HIV-related stigma and its associated factors.

Methods We used Mississippi Medical Monitoring Project (MMP) data from 2011 to 2014 (n=793). MMP is a cross-sectional surveillance system designed to assess the behavioural and clinical characteristics of HIV-infected adults at least 18 years of age receiving outpatient care in the United States. Dependent variable was HIV-related stigma. Our independent variables were gender, sexual orientation, race, age, education, poverty level, smoking, binge drinking, drug abuse, length of time diagnosed with HIV, and insurance. T-test, one-way ANOVA, and multiple linear regression were conducted (p<0.05).

Results Overall, 75% of respondents reported at least one internalised HIV-related stigma experience. The average stigma score overall was 2.3 (out of 6), with a standard error of 0.07. Our finding showed that stigma was significantly higher among females (M=2.6, t=2.9, p=0.003), patients aged 18–24 (M=2.9, F=4.6, p=0.003), those with less than high school education (M=2.7, t=2.4, p=0.02), drug abuser (M=2.7, t=2.3, p=0.02), those who had been diagnosed with HIV since <5 years ago (M=2.6, F=6.6, p=0.001), and those who had private insurance (M=2.8, F=5.5, p=0.004). Multiple linear regression analysis showed that being female (β=0.52), having less than high school education (β=0.55), drug abusing (β=0.66), and having private insurance (β=0.77) contribute positively to predict experiencing stigma after entering all variables together.

Conclusion The findings indicate that HIV-related stigma is very common among HIV patients, and is significantly associated with gender, education, drug abuse and insurance status, highlighting a need for stigma reduction interventions, with a focus on population at risk.