WHAT IS THIS PROGRAM ABOUT?

20 MIN. OF HEALTH INFORMATION

GETTING THE FACTS ANSWERING YOUR QUESTIONS

AUDIO RECORD SESSION TODAY

EVERYTHING IS CONFIDENTIAL
TELL ME ABOUT YOURSELF

DO YOU HAVE ANY QUESTIONS?

HOW DO YOU FEEL RIGHT NOW?

WHAT DO YOU KNOW ABOUT STIS?
WHEN YOU HAVE SEX, YOU CAN GET AN STI FROM YOUR PARTNER’S PAST PARTNERS AND ALL OF THEIR PARTNERS.
AN STI CAN HAVE NO SIGNS OR SYMPTOMS
WHEN NOT TREATED
STIS ARE NOT PRETTY
### Common Sexually Transmitted Infections

<table>
<thead>
<tr>
<th>STI</th>
<th>Symptoms</th>
<th>Treatable</th>
</tr>
</thead>
<tbody>
<tr>
<td>Syphilis (STIs)</td>
<td>Rash, open sore, discharge</td>
<td>Curable</td>
</tr>
<tr>
<td>Gonorrhea (Drop)</td>
<td>Discharge, pain/burning</td>
<td>Curable</td>
</tr>
<tr>
<td>Genital herpes</td>
<td>Open sores, painful blisters</td>
<td>Treatable</td>
</tr>
<tr>
<td>Genital warts</td>
<td>Painful bumps, can be removed</td>
<td>Treatable</td>
</tr>
<tr>
<td>HIV/AIDS</td>
<td>No signs</td>
<td>Treatable</td>
</tr>
</tbody>
</table>

*BMJ Publishing Group Limited (BMJ) disclaims all liability and responsibility arising from any reliance placed on this supplemental material which has been supplied by the author(s).*

WHAT HAVE YOU HEARD ABOUT HIV/AIDS?
You can only get HIV from...

UNPROTECTED SEX

INFECTED BLOOD-INCLUDING MENSTRUAL BLOOD

INFECTED MOTHER – TO – CHILD
You cannot get HIV from...

KISSING

TOILETS

FOOD

TOUCHING

INSECTS

SHARING UTENSILS
HOW CAN YOU TELL IF SOMEONE IS LIVING WITH HIV?
PEOPLE WHO HAVE HIV-AIDS ARE JUST LIKE YOU AND ME
THE ONLY WAY TO KNOW IF SOMEONE HAS HIV-AIDS IS TO HAVE A HIV TEST

1. DISCUSS WITH A COUNSELLOR

2. BLOOD OR SALIVA IS TAKEN

3. BLOOD OR SALIVA IS TESTED

4. WAIT A LITTLE

5. GET RESULTS... HIV+ OR HIV-?
THE FACTS

• YOU CANNOT GET AIDS FROM TOUCHING, KISSING OR SHARING A KITCHEN/BATHROOM WITH A PERSON WHO HAS HIV/AIDS.

• MEN CAN GIVE HIV/AIDS TO WOMEN AND WOMEN CAN GIVE HIV/AIDS TO MEN.

• PREGNANT WOMEN CAN GIVE HIV/AIDS TO THEIR UNBORN CHILD.

• HIV/AIDS ATTACKS THE BODY’S ABILITY TO FIGHT DISEASES.

• CONDOMS PROTECT YOU FROM GETTING HIV/AIDS.

• CONDOMS BREAK IF THEY ARE USED MORE THAN ONE TIME.

• COMING INTO CONTACT WITH BLOOD, INCLUDING MENSTRUAL BLOOD, CAN EXPOSE YOU TO HIV/AIDS.

• HAVING SEX WITH A VIRGIN WILL NOT CURE HIV/AIDS.

• YOU CAN GET HIV/AIDS EVEN IF YOU ONLY HAVE ONE SEX PARTNER.

• WASHING AFTER SEX DOES NOT PROTECT YOU FROM HIV/AIDS.

• HIV/AIDS IS NOT CAUSED BY SPIRITS OR SUPERNATURAL FORCES.

• MALE CIRCUMCISION REDUCES A MAN’S RISK OF GETTING HIV, BUT HE STILL NEEDS TO USE A CONDOM TO BE COMPLETELY PROTECTED.
ANY QUESTIONS?

THANK YOU FOR PARTICIPATING!