THE POTENTIAL ROLE OF MASTURBATION IN TRANSMITTING NEISSERIA GONORRHOEA AT MULTIPLE ANATOMICAL SITES AMONG MEN WHO HAVE SEX WITH MEN

Background Neisseria gonorrhoeae can be cultured from saliva in men with pharyngeal gonorrhoea and could theoretically be transmitted from the pharynx to the urethra when saliva is used as a lubricant for masturbation. To explore this issue, we developed mathematical models for the transmission of Neisseria gonorrhoeae at each of oropharynx, urethra and anorectum among men who have sex with men (MSM).

Methods Model 1 included transmission routes (oral sex, anal sex, rimming, kissing, and three sequential sex practices) we have previously validated. In Model 2, we added masturbation to model 1. In Model 3, we included masturbation but excluded the three sequential sex practices. We calibrated our data to six international studies. We evaluated the model performance using the Root Mean Squared Error (RMSE) and Cohen’s d statistic.

Results Model 2 has significantly higher RMSE than model 1 (p-value <0.01 in five datasets, and p=0.47 in one dataset), but only p-values from two datasets revealed a substantially large effect (Cohen’s d > 0.8) compared with Model 1. This suggests performance of Model 1 and Model 2 are similar. In contrast, Model 3 has significantly higher RMSE than both Model 1 and Model 2 (p-value <0.01 for all six datasets), and p-value revealed a large effect (Cohen’s d > 0.8 for all six datasets) compared with the two models. This suggests performance of Model 3 is significantly worse than Model 1 and Model 2.

Conclusion Our findings indicate that masturbation plays a moderate role in the transmission of Neisseria gonorrhoeae. Our model also suggests that sequential sexual practices may be more important than masturbation for explaining the site-specific prevalence in men with multi-site infection. Our model predicted that about 1 in 4 cases of urethral gonorrhoea might arise from masturbation if it transmits gonorrhoea.

DO GBMSM’S PREFERENCES FOR IN-PERSON, TELEPHONE OR DIGITAL SEXUAL HEALTHCARE VARY ACCORDING TO HEALTH CONCERNS AND SYMPTOMS? A CROSS-SECTIONAL SURVEY

Background As sexual healthcare moves online, it’s important to understand the needs and preferences of groups with a higher burden of poor sexual health, to ensure equitable services. We explored gay, bisexual, and other men who have sex with men’s [GBMSM] preferences for in-person, telephone, and online provision of sexual healthcare and whether preferences change in the presence of symptoms and/or concerns about STI risk.

Methods Cross-sectional online survey of GBMSM in Scotland recruited from sexual-social media 12/2019–03/2020 (pre-Covid-19 pandemic). Participants were asked their preferences (or no preference) for accessing appointment booking, providing sexual/medical history, and accessing HIV/STI results in two scenarios: routine check-up (no symptoms/concerns); and concerned about new symptoms/possible infection. Data were analysed using Pearson chi-squared, McNemar-Bowker, and post-hoc McNemar tests.

Results 755 GBMSM participated, median age 39, 71.4% completed higher education, 69.9% were White Scottish. When accessing a routine check-up, proportions preferring in-person, telephone and online care respectively were: booking appointments [27/755 (3.6%), 113/755 (15.0%), 520/755 (68.9%)]; reporting sexual behaviour [184/748 (24.6%), 39/748 (5.2%), 382/748 (51.1%)]; reporting symptoms [254/747 (34.0%), 46/747 (6.2%), 308/747 (41.2%)]; reporting medication [163/745 (21.9%), 46/745 (6.2%), 358/745 (48.1%)]; receiving HIV results [200/699 (28.6%), 73/699 (10.4%), 304/699 (43.5%)]; receiving STI results [143/746 (19.2%), 96/746 (12.9%), 361/746 (48.4%)]. A significant proportion of participants’ preferences changed across all elements of care measured, when concerned about symptoms or infection (p<0.005). Post-hoc analyses suggest that these changes were mostly attributed to a shift in preference from online to in-person care in the presence of symptoms/STI risk.

Conclusions In this online-recruited sample of highly educated, older GBMSM, online care was highly acceptable but a significant proportion preferred in-person care in the presence of symptoms/STI risk. Choice in sexual healthcare provision is essential as GBMSM’s preferences are not static and appear highly associated with emotional context.