THANK YOU FOR OPENING THE 13TH AND FINAL SURVEY

You are reading this because you have joined The Sigma Panel and have been sent a link to this survey in an email from Sigma Research.
If you have not joined The Sigma Panel and/or have not been personally invited to complete this survey, please close this page now.

Do you want to remind yourself what The Sigma Panel is all about?

☐ No
☐ Yes

What do you want to know?

What is the Panel and who funds it?
Who is the research for?
What's it about?
What does taking part consist of?
When will I see the results?
What about data protection?
Who is carrying out the research?
How do I find out more?

What is the Panel and who funds it?
The Sigma Panel is a community based research project for gay men, bisexual men and other men who are attracted to men. It consists of 13 short surveys linked across time and is happening across England.
The Panel is funded by the Department of Health for England through the CHAPS national HIV prevention programme, co-ordinated by Terrence Higgins Trust. The information you provide will be used to help plan and evaluate national and local HIV prevention campaigns.

Who is the research for?
We are inviting you to take part in the research if you:
• live in England;
• are aged 16 or over;
• are sexually attracted to and/or have sex with other men;
• are able to supply an email address that we contact you on;
• and are willing to complete 13 short surveys over 13 months.

What's it about?
It asks about relationships, sex life, risks and precautions, and use of health services. One of the goals is to describe what influences the choices men make during sex.

What does taking part consist of?
The research consists of this introductory survey, then (if you qualify for the research and want to take part), another 13 short surveys at monthly intervals, starting on 1st February 2011. We aim for each survey to take less than 25 minutes to complete. After the first monthly survey, all participants are randomly allocated to one of two groups. The first group will answer monthly surveys about what happens in their sex life and about the health services they use. The second group will answer monthly surveys about their views and opinions on a variety of topics related to sex and health. Everyone will be asked to take part in the same final survey in month 13.
We will ask a variety of personal questions but NOT for access to your medical records or for samples.
of body fluids. You may be also asked to take part in a more detailed one-to-one web based or
telephone interview.

**What about data protection?**
The research has been approved by ethics committees from Portsmouth and London universities.
Participation is voluntary and you can withdraw at any point without giving a reason. If we invite you to
take part in web-based interviews we will ask you for your consent for this separately.
We guarantee your anonymity. We will NOT collect the IP-address of your computer or try to install any
cookies on it. We will ask only for an email address we can use to invite you to take part in this
research. Your email address will be used for no other purpose and we will delete them from our
records at the end of the study. Your answers in future surveys will be kept separate from your email
address and will be linked only through a unique code number which will be kept secure. The codes will
also be deleted at the end of the study.
All survey data will be reported about groups of men. No one will be identifiable from any report.
You can withdraw from the panel at any time with no explanation needed by clicking on the
'unsubscribe' button in any email from us (or by contacting david.reid@sigmaresearch.org.uk).

**Who is carrying out the research?**
The project is a collaboration between Sigma Research and the London School of Hygiene and Tropical
Medicine (LSHTM). For the past 17 years Sigma have carried out a large number of community-based
social and behavioural research projects about the impact of HIV on a variety of communities. We
work closely with public health institutes, universities and non-governmental organisations.

**How do I find out more?**
If you have any questions about the project please contact Dr Ford Hickson by emailing
ford.hickson@sigmaresearch.org.uk You can learn more about Sigma Research and view our
confidentiality policy at www.sigmaresearch.org.uk/privacy

**How many Panel members submitted the surveys each month?**
The total number of Panel members submitting the first 12 surveys is shown in the figure below. 1823
men submitted Month 1, and although there has been a drop-off since the first few months, there
were 1318 submissions of Month 12, which is 73% of the number in Month 1. This level of ongoing
participation is extremely high for a study such as this and we are very grateful to everyone who stuck
with the study.
Findings from The Sigma Panel

At the end of this survey, would you like to be sent to a web page that contains some of the findings of the Sigma Panel so far?

- No
- Yes

Would you like to join the Sigma Research Updates mailing-list, which will inform you when findings from this study are released in the future?

- No
- Yes

What email would you like to join the mailing-list with?

[Type your answer here]

This final survey asks some questions that were first asked one year ago in the very first survey. Please bear with us if you've answered some questions before and please give an answer to all the questions if possible. Thanks.

Firstly in this final survey...

Are you currently satisfied with your sex life?

- No
- Yes
- I'm not sure
About HIV testing

Not all Panel members have taken part in all the surveys, so we need to ask one more time...

What do you think your current HIV status is (whether or not you've ever tested for HIV)?

- Definitely negative (I don't have HIV)
- Probably negative
- Not sure / I don't know
- Probably positive
- Definitely positive (I do have HIV)

Have you ever received an HIV test result?

- No, I've never received an HIV test result
- Yes, I've tested positive (I have HIV infection)
- Yes, my last test was negative (I did not have HIV infection at the time of the test)

In which year were you first diagnosed HIV positive?

QUESTION SHOWN WHEN ANSWER TO QUESTION HAVE YOU EVER RECEIVED AN HIV TEST RESULT? IS ANY OF YES, I'VE TESTED POSITIVE (I HAVE HIV INFECTION)
When did you last see a health professional for monitoring your HIV infection?
Please say when you last did this, even if this was not typical for you.

When did you last receive the result of an HIV test?

Do you personally know someone who is HIV positive?

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About screening for sexually transmitted infections

Have you ever had a test for sexually transmitted infections (STIs) other than HIV?

- No
- Yes
- I don't know

When did you last have a test for STIs other than HIV?

Please say when you last did this, even if this was not typical for you.

[Please select an answer]
- Within the last 24 hours
- Within the last 7 days
- Within the last 4 weeks
- Within the last 6 months
- Within the last 12 months
- Within the last 5 years
- More than 5 years ago

Did you have any symptoms on that occasion?

[Please select an answer]
- No
- Yes
- I don't remember

About sex with men

In the Sigma Panel, we use "sex" to mean physical contact to orgasm (or close to orgasm) for one or both partners. ‘Sex with men’ includes but is not limited to anal intercourse.

Have you EVER had sex with a man?

- No
- Yes

[sex with men]

PAGE SHOWN WHEN ANSWER TO QUESTION HAVE YOU EVER HAD SEX WITH A MAN? IS ANY OF YES

PLEASE READ THE FOLLOWING QUESTIONS CAREFULLY.

How many different men have you had sex with since you first had sex with men, that is, in your lifetime?
Please type a number in the space below. If you are not sure of the exact number, please give your best guess.

NUMBER REQUIRED

[Type your answer here]

How many different men did you have sex with in 2011, that is between 1st January 2011 and 31st December 2011?
Please type a number in the space below. If you are not sure of the exact number, please give your best guess. If you did not have sex with a man in 2011 please put '0'.

NUMBER REQUIRED

[Type your answer here]
How many different men have you had sex with since your last test for sexually transmitted infections?
Please type a number in the space below. If you are not sure of the exact number, please give your best guess. If you have not had sex with a man since your last STI test, please put '0'.

QUESTION SHOWN WHEN ANSWER TO QUESTION HAVE YOU EVER HAD A TEST FOR SEXUALLY TRANSMITTED INFECTIONS (STIS) OTHER THAN HIV? IS ANY OF YES NUMBER REQUIRED

[Type your answer here]

When did you last have any kind of sex with a man (please include any sexual contact, not just anal intercourse)?
Please say when you last did this, even if this was not typical for you.

[Please select an answer]
Within the last 24 hours
Within the last 7 days
Within the last 4 weeks
Within the last 6 months
Within the last 12 months
Within the last 5 years
More than 5 years ago
I've never had sex with a man

Regular and casual male partners in 2011

PAGE SHOWN WHEN ANSWER TO QUESTION WHEN DID YOU LAST HAVE ANY KIND OF SEX WITH A MAN (PLEASE INCLUDE ANY SEXUAL CONTACT, NOT JUST ANAL INTERCOURSE)? PLEASE SAY WHEN YOU LAST DID THIS, EVEN IF THIS WAS NOT TYPICAL FOR YOU. IS ANY OF WITHIN THE LAST 24 HOURS, WITHIN THE LAST 7 DAYS, WITHIN THE LAST 4 WEEKS, WITHIN THE LAST 6 MONTHS, WITHIN THE LAST 12 MONTHS, WITHIN THE LAST 5 YEARS

Please note: Several Panel members have said the following definitions are not helpful for some of their partners. If we run the Panel again we hope to address this. However, for data consistency reasons we need to stick with the current approach. We're sorry. If you can, please continue to use the definitions in the same way until the end of the current Panel (in February 2012). We understand this might be annoying. We really appreciate you staying with us.

In The Sigma Panel we divide all sex partners into ‘regular sex partners’ and ‘casual sex partners’.
‘Regular sex partners’ are people you keep having sex with (ex-regular partners are those you kept having sex with but no longer do so). ‘Casual sex partners' are any other partners you had sex with.

We appreciate life can be more complex than this, but we would like you to decide whether each of the men you have sex with are regular or casual partners. Please count each man you’ve had sex with as either a regular or a casual partner.

When did you last have any kind of sex with a regular male sex partner?

[Please select an answer]
Within the last 24 hours
Within the last 7 days
Within the last 4 weeks
Within the last 6 months
Within the last 12 months
Within the last 5 years
More than 5 years ago
I've never had a regular male sex partner

When did you last have any kind of sex with a casual male sex partner?
Thinking about the whole of 2011 (1st January to 31st December), did you have sex with regular or casual male partners?

- Regular partner or partners only
- Both regular and casual partners
- Casual partner or partners only
- I did not have sex with a man in 2011

How many regular male sex partners did you have in 2011.
Please type a number in the space below.

How many casual male sex partners did you have in 2011.
Please type a number in the space below. If you're unsure of the number please give your best guess.

Did you have any anal intercourse with a man in 2011 (between 1st January and 31st December)?

- No
- Yes

How many different men did you have anal intercourse with in 2011 (both with and without condoms)?
Please type a number in the space below. If you are not sure of the exact number, please give your best guess.

How many different men did you have unprotected anal intercourse with in 2011 (that is, without a condom)?
Please type a number in the space below. If you are not sure of the exact number, please give your best guess.
About sex with women

In the Sigma Panel, we use "sex" to mean physical contact to orgasm (or close to orgasm) for one or both partners. 'Sex with women' includes but is not limited to vaginal intercourse.

Have you EVER had sex with a woman?

☐ No
☐ Yes

[[sex with women]]

How many different women have you had sex with since you first had sex with a woman, that is, in your lifetime?

Please type a number in the space below. If you are not sure of the exact number, please give your best guess.

NUMBER REQUIRED

[Type your answer here]

How many different women did you have sex with in 2011, that is between 1st January 2011 and 31st December 2011?

Please type a number in the space below. If you are not sure of the exact number, please give your best guess. If you did not have sex with a woman in 2011 please put '0'.

NUMBER REQUIRED

[Type your answer here]

How many different women have you had sex with since your last test for sexually transmitted infections?

Please type a number in the space below. If you are not sure of the exact number, please give your best guess. If you have not had sex with a woman since your last STI test, please put '0'.

QUESTION SHOWN WHEN ANSWER TO QUESTION HAVE YOU EVER HAD A TEST FOR SEXUALLY TRANSMITTED INFECTIONS (STIS) OTHER THAN HIV? IS ANY OF YES

NUMBER REQUIRED

[Type your answer here]

When did you last have any kind of sex with a woman (please include any sexual contact, not just vaginal or anal intercourse)?

Please say when you last did this, even if this was not typical for you.

[Please select an answer]

Within the last 24 hours
Within the last 7 days
Within the last 4 weeks
Within the last 6 months
Within the last 12 months
Within the last 5 years
More than 5 years ago
I've never had sex with a woman

Thinking about your sex life in 2011
For you, was anything significantly different about your sex life in 2011 compared with 2010?

☐ No
☐ Yes

In what way was your sex life different in 2011 compared with 2010? Please read through the following and tick as many as apply to you.

QUESTION SHOWN WHEN ANSWER TO QUESTION FOR YOU, WAS ANYTHING SIGNIFICANTLY DIFFERENT ABOUT YOUR SEX LIFE IN 2011 COMPARED WITH 2010? IS ANY OF YES

ANSWER ROTATION

☐ Had sex with a man / men
☐ Had more sex with the man / men I have sex with
☐ Had more sexual partners
☐ Had a threesome
☐ Had particularly good casual sex
☐ Had sex with someone I’d not had sex with for some time
☐ Got back together with an ex-partner
☐ I started having sex with someone on a regular basis
☐ Started a committed relationship with someone
☐ Started being sexually exclusive to one person
☐ Had sex with someone other than my regular partner
☐ Used the services of an escort / sex worker
☐ Had a type of man-to-man sex I would not normally engage in
☐ Tried a new sexual practice with a man
☐ Had sex in a place I’d not had sex in before
☐ Had sex with a woman / women
☐ Did not have sex at all
☐ Had less sex with the man / men I have sex with
☐ Had fewer sexual partners
☐ Did not have sex with a partner I usually have sex with
☐ Stopped dating someone / going steady / seeing someone regularly
☐ Did not engage in a type of man-to-man sex I would normally engage in
☐ Some other difference

Please describe this other difference in your sex life in 2011?

QUESTION SHOWN WHEN ANSWER TO QUESTION IN WHAT WAY WAS YOUR SEX LIFE DIFFERENT IN 2011 COMPARED WITH 2010? PLEASE READ THROUGH THE FOLLOWING AND TICK AS MANY AS APPLY TO YOU. IS ANY OF SOME OTHER DIFFERENCE

[Type your answer here]

Which sexual practices did you engage in during 2011 that were new or that you had not normally engaged in? (Tick as many as apply.)

QUESTION SHOWN WHEN ANSWER TO QUESTION IN WHAT WAY WAS YOUR SEX LIFE DIFFERENT IN 2011 COMPARED WITH 2010? PLEASE READ THROUGH THE FOLLOWING AND TICK AS MANY AS APPLY TO YOU. IS ANY OF HAD A TYPE OF MAN-TO-MAN SEX I WOULD NOT NORMALLY ENGAGE IN, TRIED A NEW SEXUAL PRACTICE WITH A MAN

☐ You masturbated him (you wanked him)
☐ He masturbated you (he wanked you)
☐ You sucked his penis (gave him a blow job)
☐ You took his ejaculate (cum) in your mouth
☐ He sucked your penis (he gave you a blow job)
☐ You licked his anus (you rimmed him)
He licked your anus (he rimmed you)
You were 'active' in anal intercourse (you fucked him)
You were 'active' in anal intercourse without a condom
You were 'passive' in anal intercourse (he fucked you)
You were 'passive' in anal intercourse without a condom
You were 'active' in interfemoral intercourse (you thigh-fucked him)
You were 'passive' in interfemoral intercourse (he thigh-fucked you)
You put your hand into his rectum (you fist-fucked him)
He put his hand into your rectum (he fist-fucked you)
Bondage
SM Roleplay
Group sex
Other sexual acts

Please describe any other sexual acts you engaged in that were new or that you would not normally engage in?

QUESTION SHOWN WHEN ANSWER TO QUESTION WHICH SEXUAL PRACTICES DID YOU ENGAGE IN DURING 2011 THAT WERE NEW OR THAT YOU HAD NOT NORMALLY ENGAGED IN? (TICK AS MANY AS APPLY.) IS ANY OF OTHER SEXUAL ACTS

Please describe any other sexual acts you did not engage in that you would normally?

QUESTION SHOWN WHEN ANSWER TO QUESTION WHICH SEXUAL PRACTICES DID YOU NOT ENGAGE IN DURING 2011 THAT YOU PREVIOUSLY HAD? TICK AS MANY AS APPLY. IS ANY OF OTHER SEXUAL ACTS
Just once more, we'd like you to tell us about the most recent
time you had sex with a man, however long ago that was

Please think about the most recent occasion you had any kind of sex with a man, whether that was with a new partner or someone you had sex with before. Remember that here 'sex' means physical contact to orgasm (or close to orgasm) for one or both partners. If you have not had sex since the last time we asked about your most recent sexual session, please tell us about that most recent sexual session again.

### When was it?

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<td>More than 5 years ago</td>
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<tr>
<td>I've never had sex with a man</td>
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### Was the sex between you and one other man, or with more than one other man?

- With one man
- It was a threesome
- It was in a larger group

### About that most recent sexual session

**What is/was his relationship to you?**

- He's my life partner / husband
- He's my current boyfriend
- He's a regular but infrequent sex partner
- He's someone I am (or might be) starting a relationship with
- He was a one night stand
- He was an on-the-spot opportunity
- He was someone I was paying to have sex
- He was someone who was paying me to have sex
Please describe his other relationship to you in more detail.

[Type your answer here]

How many times had you had sex with that partner before?

[Please select an answer]
None, this was the first time we had sex
Fewer than 5 times
5 to 10 times
11 to 50 times
More than 50 times

Where did the sex take place on that most recent occasion?

○ My (or our) place
○ His (or their) place
○ A friend’s place
○ A hotel
○ A backroom of a bar, gay sex club, a public gay sex party
○ A gay sex party in a private home
○ A gay sauna
○ A porn cinema
○ A cruising location (street, roadside service area, park, beach, baths, lavatory)
○ Elsewhere

Please say where the sex occurred.

[Type your answer here]

What did he know about your HIV status before sex?

○ He knew I am HIV negative
○ He knew I am HIV positive
○ He knew I do not know my HIV status
○ He knew nothing about my HIV status
○ I don’t know what he knew
○ Other answer

Please describe your other answer in more detail.

[Type your answer here]

What did you know or think about his HIV status before sex?

○ I knew or thought he was HIV negative
○ I knew or thought he was HIV positive
○ I thought about his HIV status but had no idea what it was
○ I didn’t have any thoughts about his HIV status
About that most recent sexual session (with more than one partner)

PAGE SHOWN WHEN ANSWER TO QUESTION WAS THE SEX BETWEEN YOU AND ONE OTHER MAN, OR WITH MORE THAN ONE OTHER MAN? IS ANY OF IT WAS A THREESOME, IT WAS IN A LARGER GROUP

Was the threesome between...

QUESTION SHOWN WHEN ANSWER TO QUESTION WAS THE SEX BETWEEN YOU AND ONE OTHER MAN, OR WITH MORE THAN ONE OTHER MAN? IS ANY OF IT WAS A THREESOME

- You, your regular sex partner and a third person
- You and a couple who were regular partners with each other
- You and two casual partners
Some other set of relationships

Please describe the relationships in more detail.
QUESTION SHOWN WHEN ANSWER TO QUESTION WAS THE THREESOME BETWEEN... IS ANY OF SOME OTHER SET OF RELATIONSHIPS

[Type your answer here]

How many different men were you having sex with?
QUESTION SHOWN WHEN ANSWER TO QUESTION WAS THE SEX BETWEEN YOU AND ONE OTHER MAN, OR WITH MORE THAN ONE OTHER MAN? IS ANY OF IT WAS IN A LARGER GROUP
And how many of those men had you had sex with before that occasion?

QUESTION SHOWN WHEN ANSWER TO QUESTION WAS THE SEX BETWEEN YOU AND ONE OTHER MAN, OR
WITH MORE THAN ONE OTHER MAN? IS ANY OF IT IN A LARGER GROUP
None, I was having sex with all of them for the first time
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<td>Were there any women involved in that sexual session?</td>
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<td>How many different women were you having sex with?</td>
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*Question shown when answer to question were there any women involved in that sexual session? Is any of yes*
Where did the sex take place?
- My (or our) place
- His (or their) place
- A friend’s place
- A hotel
- A backroom of a bar, gay sex club, a public gay sex party
- A gay sex party in a private home
- A gay sauna
- A porn cinema
- A cruising location (street, roadside service area, park, beach, baths, lavatory)
- Elsewhere

Please say where the sex occurred.

What did the men you were having sex with know about your HIV status before having sex?
- They knew I am HIV negative
- They knew I am HIV positive
- They knew I do not know my status
- They knew nothing about my HIV status
- I don't know what they knew about my HIV status
- It varied for different men
- Other answer

Please describe your other answer in more detail.

What did you know or think about their HIV statuses before having sex?
- I knew or thought they were HIV negative
- I knew or thought they were HIV positive
- I knew or thought they had varied HIV statuses
- I thought about their HIV status but had no idea what it was
- I didn’t have any thoughts about their HIV status
- I don’t remember
- Other answer

Why did you think this? Please read the list below and tick the answer that best applies.
- They told me some time ago / I had known for some time
- They told me (online or in person) before or during sex
- I knew from their profile on the Internet
They made it clear without actually telling me
- Someone else told me
- We were at an event where everyone was HIV positive
- We were at an event where everyone was HIV negative
- I guessed
- Other reason

Please describe your other reason in more detail.

About the kinds of sex you had on that occasion

What kinds of sex did you have on that occasion? (Tick as many as apply)

- You masturbated him (you wanked him)
- He masturbated you (he wanked you)
- You sucked his penis (gave him a blow job)
- He sucked your penis (he gave you a blow job)
- You licked his anus (you rimmed him)
- He licked your anus (he rimmed you)
- You were 'active' in anal intercourse (you fucked him)
- You were 'passive' in anal intercourse (he fucked you)
- You were 'active' in interfemoral intercourse (you thigh-fucked him)
- You were 'passive' in interfemoral intercourse (he thigh-fucked you)
- You put your hand into his rectum (you fist-fucked him)
- He put his hand into your rectum (he fist-fucked you)
- Other sexual acts

What other kinds of sexual acts did you engage in on this occasion?

Did he ejaculate (cum) into your mouth on that occasion?

- No
- Yes
- I don't remember / I don't know

Did you ejaculate (cum) into his mouth on that occasion?
Did you use a condom when you were 'active' in anal intercourse (when you fucked him)?

Did you ejaculate (cum) into his rectum (arse) without a condom?

Did he use a condom when you were 'passive' in anal intercourse (when he fucked you)?

Did he ejaculate (cum) into your rectum (arse) without a condom?

About the kinds of sex you had (with at least one partner) on that occasion

What kinds of sex did you have on that occasion, with at least one sex partner? (Tick as many as apply)
You were 'passive' in anal intercourse (he fucked you)
You were 'active' in interfemoral intercourse (you thighbucked him)
You were 'passive' in interfemoral intercourse (he thighbucked you)
You put your hand into his rectum (you fist-fucked him)
He put his hand into your rectum (he fist-fucked you)
Other sexual acts

What other kinds of sexual acts did you engage in on this occasion?
[Type your answer here]

Did any of them ejaculate (cum) into your mouth on that occasion?
No
Yes
I don't remember / I don't know

Did you ejaculate (cum) into any of their mouths on that occasion?
No
Yes
I don't remember / I don't know

Did you use a condom when you were 'active' in anal intercourse (when you fucked them)?
No
Yes, some of the time but not all the time
Yes, all of the time I was fucking them
I don't remember / I don't know

Did you ejaculate (cum) into any of their rectums (arses) without a condom?
No
Yes
I don't remember / I don't know

Did they use a condom when you were 'passive' in anal intercourse (when they fucked you)?
No
A little more about your most recent sexual session

PAGE SHOWN WHEN ANSWER TO QUESTION WAS THE SEX BETWEEN YOU AND ONE OTHER MAN, OR WITH MORE THAN ONE OTHER MAN? IS ANY OF WITH ONE MAN, IT WAS A THREESOME, IT WAS IN A LARGER GROUP

Were you using 'poppers' during the sex?

- No
- Yes
- I don't remember

Had you drunk alcohol or taken any other drug before or during the sex?

- No
- Yes

Including alcohol, what drink or drugs had you taken before or during the sex? (Tick as many as apply)

- Alcohol
- Viagra®, Cialis®, Levitra® or other substances that help to keep an erection?
- Cannabis
- Ecstasy (E, XTC, MDMA)
- Amphetamine (speed)
- Crystal methamphetamine (crystal, meth, Tina)
- Heroin
- Mephedrone (4-MMC, meow, methylone, bubbles)
- GHB / GBL (liquid ecstasy)
- Ketamine
- LSD
- Cocaine
- Crack cocaine
- Any other drug

Please describe any other drug in more detail.

Did any of them ejaculate (cum) into your rectum (arse) without a condom?

QUESTION SHOWN WHEN ANSWER TO QUESTION DID THEY USE A CONDOM WHEN YOU WERE 'PASSIVE' IN ANAL INTERCOURSE (WHEN THEY FUCKED YOU)? IS ANY OF NO, YES, SOME OF THE TIME BUT NOT ALL OF THE TIME, I DON'T REMEMBER / I DON'T KNOW

- No
- Yes
- I don't remember / I don't know
Had your sexual partner/s drunk alcohol or taken any other drug before or during the sex?
- No, I think he had taken no alcohol or drugs before sex
- Yes, but I don't know what he'd taken
- Yes, and I've an idea what he'd taken
- I don't know whether he'd taken anything or not

Including alcohol, what drink or drugs do you think he or they had taken before or during the sex? (Tick as many as apply)
- Alcohol
- Viagra®, Cialis®, Levitra® or other substances that help to keep an erection?
- Cannabis
- Ecstasy (E, XTC, MDMA)
- Amphetamine (speed)
- Crystal methamphetamine (crystal, meth, Tina)
- Heroin
- Mephedrone (4-MMC, meow, methylone, bubbles)
- GHB / GBL (liquid ecstasy)
- Ketamine
- LSD
- Cocaine
- Crack cocaine
- Any other drug

Please describe any other drug in more detail.

How much control of your own actions would you say you had during this sexual session?
- I was in total control of my own actions
- I was mostly in control of my own actions
- I had some control of my own actions
- I had no control of my own actions

How much control of what happened would you say you had during this sexual session?
- I was in total control of what happened
- I was mostly in control of what happened
- I had some control of what happened
- I had no control of what happened

How responsible would you say you were over what happened
during this sexual session?
- I was totally responsible
- I was mostly responsible
- I had some responsibility
- I had no responsibility over what happened

How much risk of HIV transmission do you think there was in the sex you had?
- No risk at all
- Very little risk
- Some risk
- A lot of risk

Why did you take this risk with HIV transmission on this occasion?

How much risk of other sexually transmitted infections do you think there was in the sex you had?
- No risk at all
- Very little risk
- Some risk
- A lot of risk

Why did you take this risk with sexually transmitted infections on this occasion?

And finally about this sexual session, on a scale of 1 (worst) to 10 (best), how good was the sex on this occasion?

Do you recognise this campaign?
Below are some images from a campaign called 'Count Me In'.

[Image only]
Are you aware of the Count Me In campaign?

- No, I have not heard of it
- I've heard of it but I don't know anything about it
- I've heard of it and I have read the adverts and/or have engaged with the campaign

"Count Me In" invites gay and bisexual men to sign-up to a five-point pledge:
1. I will know my HIV status.
2. I will not assume I know someone else’s HIV status.
3. I will take personal responsibility for using condoms.
4. I will value myself and my health.
5. I will stay informed about HIV and how it's spread.

Have you talked about or discussed the Count Me In campaign with your friends or partner?

- No
- Yes
- Other answer

Please describe your other answer.

Thinking about this campaign, what impact might it have on you?

Since you first encountered this campaign, what impact do you think it has had on you?
Have you seen this advert?
Below is one of three images from a campaign called "Clever Dick, Smart Arse".

[Randomly show one of these images]
TONIGHT I'VE GOT PROTECTION.
TOMORROW I'LL HAVE PEACE OF MIND.
SMART ARSE

Score your sex life and
win jeans and an iPad!*
Scan or visit
SMART-ARSE.ORG
Do you remember seeing this "Clever Dick" advert (this could have been in the press, on hoardings or on the web)?

- No, I have not seen this advert or any like it
- I recognise it but have never looked closely at or read it
- I've not seen this advert but I have seen one or more very similar to it
- I've seen copies of the advert and have read most or all of it

Looking at this advert now, what impact does it have on you?

Since you first saw this advert, what impact do you think it has had on you?
Do you recognise these condom packs?

Below is a picture of some condom packs from the same campaign.

[Image only]

Do you recognise these condom packs?

- No, I have not seen any of these condom packs
- I recognise them but have never used them
- I’ve used condoms from a pack like this, either my own or a sexual partner
- Other answer

Please describe your other answer.

About being on the Sigma Panel

Including this one, how many of the 13 Monthly surveys in The Sigma Panel have you taken part in? (If you're not sure, please give your best guess.)
What impact has taking part in the Panel had on you?

[Type your answer here]

Please say in what way the Panel could have been improved.

[Type your answer here]

Finally, the number of Panel members who have stuck with the surveys is extremely high - 73% of men who took part in Month 1 also took part in Month 12. Why do you think men have generally stuck with the survey?

[Type your answer here]

And finally...

Do you have any final comments on this month's survey, or any other aspect of The Sigma Panel?

[Type your answer here]

That's all folks! Unless you signed-up to the Sigma Research mailing list, you will not hear from us again.
about this study.
We'd like to warmly thank you for taking part in the
The Sigma Panel. Your contribution has been
invaluable in helping to move gay and bisexual men
toward better sex with less harm.
If you have any outstanding questions about the
Panel, please contact
david.reid@sigmaresearch.org.uk
Now please press 'Submit Answers', and thanks
again for taking part.