Records identified through database searching
\( (n = 1006) \)

Records identified through hand searches of reference lists of included studies \( (n = 4) \)

Records after duplicates removed
\( (n = 905) \)

Records screened
\( (n = 905) \)

Records excluded
\( (n = 876) \)

Full-text articles assessed for eligibility
\( (n = 29) \)

Full-text articles excluded, with reasons
\( (n = 11) \)

Studies included in qualitative synthesis
\( (n = 4) \)

Studies included in quantitative synthesis (meta-analysis)
\( (n = 14) \)