

Supplementary table 4. Summary of side effect management, using 1 or more of the following strategies

Alternative causes/explanations from history/investigations
Investigation into alternative explanations
Reassurance
Offered allergy clinic review
Stop prep (including bullous allergic reaction, abnormal blood results)
Supportive therapies (anti-histamines, anti-emetics, paracetamol, probiotics)
Slowly build up tolerance to TDF/FTC (take 1/4 pill, ½ pill, whole pill over the course of 3-7 days whilst no risk of HIV)
Switch to EBD
Switch to daily dosing
Switch PrEP brand
Take at different times of the day
Take with food
Trial PrEP break