

Sociodemographic characteristics of the study participants are presented in Table S3.

Table S3. Sociodemographic characteristics

	<i>n</i> (%) / Median (intercuartile range)
Age	
Years	33 (28, 38)
Gender	
Men	41 (80.4%)
Female	10 (19.6%)
Education level (achieved)	
Incomplete mandatory education ^a	1 (2.0%)
Mandatory education	3 (5.9%)
Higher (non-university) education	13 (25.5%)
University education	27 (52.9%)
Postgraduate education	7 (13.7%)
Self-samples performed in the past	
Yes	24 (47.1%)
No	27 (52.9%)
Some medical/scientific training	
Yes	12 (23.5%)
No	39 (76.5%)
Total	51 (100%)

^aThe Spanish education system is compulsory up to the age of 16 years.